



# Flavorful Paths to Kidney Health: Celebrating Chinese Cuisine & Culture

# 2026

March 5 & 6

Sheraton Vancouver Guildford Hotel  
Surrey, Vancouver, BC, Canada

*Northwest*  
RENAL DIETITIANS

WEB: [www.NWRDonline.org](http://www.NWRDonline.org)  
TWITTER: @NWRDconference  
EMAIL: [NWRDonline@gmail.com](mailto:NWRDonline@gmail.com)

## PROGRAM CHAIRS

Kelly Picard, PhD, RD, CDE - 2026 NWRD Co-Chair  
Dani Renouf, RD, Msc, CDE - 2026 NWRD Co-Chair  
Laura Wiseley MS, RD, CSR - 2026 NWRD President

# Thursday, March 5th

## Post Session Learning Assessment

Completion is **required** in order to receive CPEU certificate

Available online at the start of day's session

10 minutes per speaker for a total of 60 minutes

7:45 - 8:00 AM

### Welcome

Laura Wiseley, NWRD President

8:00 - 9:00 AM  
8:45 - 9:00 Q&A

### The Chinese Soup Tradition: Cultural Significance and Renal Nutritional Implications

Beverley Lau, RD (Canada)

Vicky Ngo, RD, CDE (Canada)

Clinical Dietitians, Providence Health Care

9:00 - 10:00 AM  
9:45 - 10:00 Q&A

### Planetary Health

Dr. Michelle M.Y. Wong, MD, MSc, FRCPC, MPH (Canada)

Clinical Assistant Professor, University of British Columbia

10:00 - 10:30 AM

### Break / Visit Exhibitors & Posters

10:30 - 11:30 AM  
11:15-11:30 Q&A

### Putting the Research in RD

Rebekah Sandhu, PhD (Canada), M.A.N., R.D.

Research and Evaluation Dietitian, Fraser Health Authority

11:30 - 1:00 PM

### Lunch / Visit Exhibitors & Posters

1:00 - 2:00 PM  
1:45 - 2:00 Q&A

### Snacking During Dialysis - Enhancing Supports for a Divisive Practice

Melanie Griffiths, RD (Canada)

Registered Dietitian, Alberta Health Services

2:00 - 3:00 PM  
2:45 - 3:00 Q&A

### Balancing Blood Sugar and Kidney Function with a Chinese Cultural Lens

Daisy Lin, RD, CDE (Canada)

Dietitian, Providence Health Care

3:00 - 3:30 PM

### Break / Visit Exhibitors & Posters

3:30 - 4:30 PM  
4:15 - 4:30 Q&A

### Considerations GLP-1 Receptor Agonists in CKD

Joseph Fonseca, RPh, PharmD, ACPR, BSc (Canada)

Clinical Pharmacist, Island Health - Renal Program

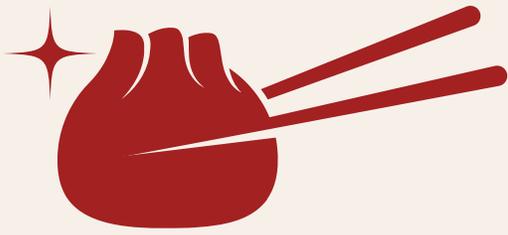
4:30 - 5:30 PM

### Happy Hour - Wine & Cheese

6:30 - 9:30 PM

### Networking Dinner





# Friday, March 6th

## Post Session Learning Assessment

Completion is **required** in order to receive CPEU certificate  
Available online at the start of day's session  
10 minutes per speaker for a total of 60 minutes

8:00 - 9:00 AM 8:45-9:00 Q&A	<b>Ethical Considerations in End-of-Life Care</b> Jennifer A. Gibson, RN, MSN, PhD (Canada) Director of Ethics, Executive Director of Professional Practice Providence Health Care
9:00 - 10:00 AM 9:45 - 10:00 Q&A	<b>The Interface between Chinese Culture and Western Medicine and Medication Management in CKD</b> Dr. Claudia Ho, BSc (Pharm), ACPR, PharmD, BCPS (Canada) Clinical Pharmacy Specialist, Fraser Health Renal Program
10:00 - 10:30 AM	<b>Break / Visit Exhibitors &amp; Posters</b>
10:30 - 11:30 AM 11:15-11:30 Q&A	<b>Nourishing Safety: Bringing Trauma-Informed Practice into Dietetics</b> Meg Gorosh, BSW, RSW (Canada) Nephrology Social Worker, Nanaimo Kidney Care & Transplant Clinic- Island Health
11:30 - 12:30 PM 12:15-12:30 Q&A	<b>Genetics in CKD As It Applies to Asian Populations</b> Mark Elliott, MD (Canada) Nephrologist, University of British Columbia
12:30 - 1:30 PM	<b>Lunch / Visit Exhibitors &amp; Posters</b>
1:30 - 2:30 PM 2:15 - 2:30 Q&A	<b>Transplant in the Diverse Cultural Groups of BC</b> Vikas S. Sridhar, MD, FRCPC (Canada) Transplant Nephrologist, UBC Adult Kidney Transplant Program - St. Paul's Hospital Site
2:30 - 2:45 PM 2:30-2:45 Q&A	<b>Break / Visit Exhibitors &amp; Posters</b>
2:45 - 3:45 PM 3:30-3:45 PM Q&A	<b>Chinese Food Cooking Demo</b> Renée Chan, MS, RD, MBA, RYT (Canada) CEO, Chef & Registered Dietitian of The Skript Kitchen Les Dames D'Escoffier, BC Dietitians, Dietitians' Canada, UBC Adjunct Professor
3:45 - 4:00 PM	<b>Program Wrap-Up</b>





## Networking Dinner

**Peking Duck Crispy Skin with Crepes**

**Sauteed Duck Meat with Lettuce Wrap**

**Seafood Soup with Fish Maw**

**Braised Mushrooms, Dried Oysters with Black Moss**

**Live Crab Braised with Vermicelli**

**Steamed Live Fish with Light Soy Sauce**

**Roasted Chicken (Whole)**

**Mixed Vegetables with Garlic Sauce**

**Yang Chow Fried Rice**

**Neptune Signature Dessert**

**Neptune Palace Restaurant**

**10153 King George Blvd, Surrey, BC V3T 2W1**

**T: (604) 495-8886**

**Banquet-Style Authentic Chinese Cultural Dining Experience**

**(vegan, vegetarian, gluten-free options available; contact restaurant for specific food allergies)**





# NWRD 2026

## Exhibitors & Posters

**GOLD**



**SILVER**



**FRESENIUS  
MEDICAL CARE**

RENAL PHARMACEUTICALS



Otsuka

**BASE**

**Baxter**



**NephroTech**



**Global Health**  
Products, Inc.



McKin Health



**POSTERS**



Island Health

BCDietitians



Providence  
Health Care

# NWRD Annual Conference 2026

## Flavorful Paths to Kidney Health

March 5 & 6

Surrey, Vancouver, BC

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### To Register

- Opens: January 15th - February 15th, 2026
- Go to: [www.NWRDOnline.org](http://www.NWRDOnline.org)
  - Register and pay online
  - Make your lodging reservation, if needed

### Fees

- \$200 - In-person - Both days
- \$120 - In-person, One day
- \$50 - In-person, Both days (U.S. Dietetic Interns)
- \$50 - In-person, Both days (U.S. RD Retirees)
- \$50 - Thursday Evening Networking Dinner
- \$200 - Recorded Sessions, will be made available after the conference

(Add'l \$50 for In-Person Registration after Feb 15)

### 2026 NWRD Board & Planning Team

President:	Laura Wiseley MS RD CSR
Vice President:	Geri Jennings RD CD
Treasurer:	Lu Anderson MS RD
Secretary:	Lara Sokoloff MS RD
Program Co-Chairs:	Dani Renouf RD Kelly Picard RD
Website:	Melissa Mroz-Planells DCN RDN Kat Matias RD CD CSR
Marketing:	Fionna Marave RD
Exhibitor Concierge:	Renee Peterson RD



The following Continuing Professional Education Units (CPEU) are pending by the Commission on Dietetics Registration (CDR):

- 12 - Lectures
- 4 - Posters

Total:  
In-Person: 16 CPEUs  
Recordings: 12 CPEUs