



Flavorful Paths to Kidney Health: Celebrating Chinese Cuisine & Culture

2026

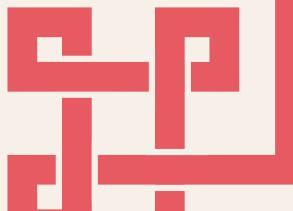
March 5 & 6
Sheraton Vancouver Guildford Hotel
Surrey, Vancouver, BC, Canada

Northwest
RENAL DIETITIANS

WEB: www.NWRDonline.org
TWITTER: @NWRDconference
EMAIL: NWRDonline@gmail.com

PROGRAM CHAIRS

Kelly Picard, PhD, RD, CDE - 2026 NWRD Co-Chair
Dani Renouf, RD, Msc, CDE - 2026 NWRD Co-Chair
Laura Wiseley MS, RD, CSR - 2026 NWRD President



Thursday, March 5th

8:00 - 9:00 AM
8:45 - 9:00 Q&A

The Chinese Soup Tradition: Cultural Significance and Renal Nutritional Implications

**Beverley Lau, RD
Vicky Ngo RD, CDE
Clinical Dietitians, Providence Health Care**

9:00 - 10:00 AM
9:45 - 10:00 Q&A

Planetary Health

**Dr. Michelle M.Y. Wong, MD, MSc, FRCPC, MPH
Clinical Assistant Professor, University of British Columbia**

10:00 - 10:30 AM

Break/Visit Exhibitors (separate room from general session room)

10:30 - 11:30 AM
11:15-11:30 Q&A

Putting the Research in RD

**Rebekah Sandhu, PhD (Cand.), M.A.N., R.D.
Research and Evaluation Dietitian, Fraser Health Authority**

11:30 - 1:00 PM

Lunch/Visit Exhibitors (separate room from general session room)

1:00 - 2:00 PM
1:45 - 2:00 Q&A

Snacking During Dialysis Enhancing Supports for a Divisive Practice

**Melanie Griffiths, RD
Registered Dietitian, Alberta Health Services**

2:00 - 3:00 PM
2:45 - 3:00 Q&A

Balancing Blood Sugar and Kidney Function with a Chinese Cultural Lens

**Daisy Lin, RD, CDE
Dietitian, Providence Health Care**

3:00 - 3:30 PM

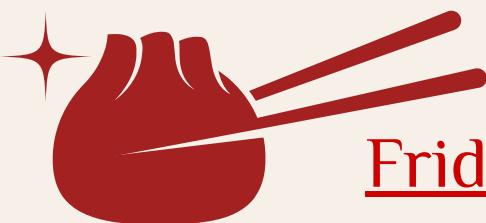
Break/Visit Exhibitors (separate room from general session room)

3:30 - 4:30 PM
4:15 - 4:30 Q&A

Considerations GLP1 Receptor Agonists in CKD

**Joseph Fonseca, RPh, PharmD, ACPR, BSc
Clinical Pharmacist, Island Health - Renal Program**





Friday, March 6th

8:00 - 9:00 AM

8:45-9:00 Q&A

Ethical Considerations in End-of-Life Care

Jennifer A. Gibson

**Director of Ethics, Executive Director of Professional Practice
Providence Health Care**

9:00 - 10:00 AM

9:45 - 10:00 Q&A

The Interface between Chinese Culture and Western Medicine and Medication Management in CKD

Dr. Claudia Ho, BSc (Pharm), ACPR, PharmD, BCPS

Clinical Pharmacy Specialist, Fraser Health Renal Program

10:00 - 10:30 AM

Break/Visit Exhibitors (separate room from general session room)

10:30 - 11:30 AM

11:15-11:30 Q&A

Nourishing Safety: Bringing trauma-informed practice into dietetics

Meg Gorosh, BSW, RSW

**Nephrology Social Worker, Nanaimo Kidney Care &
Transplant Clinic- Island Health**

11:30 - 12:30 PM

12:15-12:30 Q&A

Genetics in CKD as it applies to Asian Populations

Mark Elliott MD.

Nephrologist, University of British Columbia

12:30 - 1:30 PM

Lunch/Visit Exhibitors (separate room from general session room)

1:30 - 2:30 PM

2:15 - 2:30 Q&A

Transplant in the Diverse Cultural Groups of BC

Vikas S. Sridhar

**Transplant Nephrologist, UBC Adult Kidney Transplant
Program - St. Paul's Hospital Site**

2:30 - 2:45 PM

2:30-2:45 Q&A

Break/Visit Exhibitors (separate room from general session room)

Chinese Food Cooking Demo

Renée Chan, MS, RD, MBA, RYT

CEO, Chef & Registered Dietitian of The Skript Kitchen

**Les Dames D'Escoffier, BC Dietitians, Dietitians' Canada, UBC
Adjunct Professor**



Networking Dinner

Neptune Palace Restaurant
10153 King George Blvd, Surrey, BC V3T 2W1
T: (604) 495-8886

Banquet-Style Authentic Chinese Cultural Dining Experience
(menu will be set in advance - alternatives for food allergies will be provided)



NWRD Annual Conference 2026

Flavorful Paths to Kidney Health

March 5 & 6

Surrey, Vancouver, BC

To Register

- Opens: January 15th - February 15th, 2026
- Go to: www.NWRDonline.org
 - Register and pay online
 - Make your lodging reservation, if needed

Fees

- \$200 - In-person - Both days
- \$120 - In-person, One day
- \$50 - In-person, Both days (U.S. Dietetic Interns)
- \$50 - In-person, Both days (U.S. RD Retirees)
- \$50 - Thursday Evening Networking Dinner
- \$200 - Recorded Sessions, available after the conference

2026 NWRD Board

& Planning Team

President: Laura Wiseley MS RD CSR

Vice President: Geri Jennings RD CD

Treasurer: Lu Anderson MS RD

Secretary: Lara Sokoloff MS RD

Program Co-Chairs: Dani Renouf RD

Kelly Picard RD

Website: Melissa Mroz-Planells DCN RDN

Kat Matias RD CD CSR

Marketing: Fionna Marave, RD

Exhibitor Concierge: Renee Peterson RD



The following
Continuing Professional
Education Units (CPEU)
are pending by the
Commission on Dietetics
Registration (CDR):
12 - Lectures
1 - Posters
Total: 13 CPEUs