

## Northwest Renal Dietitians (NWRD)

### 2018 Annual Conference

#### *Speaker Biographies*

*Linette Giesa, RDN, CDE –and-- Allison White, PharmD*

### **“Transplant Nutrition and Immunosuppressant Medications: The Role for the Dialysis Dietitian”**

#### ***Linette Giesa, RDN, CDE***

*Outpatient Dietitian*

*Providence Sacred Heart Medical Center*

*Kidney Transplant Team*

*Spokane, WA*

***-AND-***

#### ***Allison White, PharmD***

*Clinical Staff Pharmacist*

*Providence Sacred Heart Medical Center &*

*Children’s Hospital*

*Kidney & Pancreas Transplant Program*

*Spokane, WA*

#### **BIOGRAPHY** – Linette Giesa, RDN, CDE:

As a nutrition professional you know small changes make a big difference. Linette enjoys working with adults developing individualized nutrition plans that will make a difference in their personal health. As a valued dietitian at Sacred Heart Medical Center she wears many different hats. She is on the kidney-pancreas transplant team and provides outpatient nutrition services at Sacred Heart and Providence Medical Park.

Linette earned her bachelor-of-science degree from Eastern Washington University and is a certified diabetes educator. She was awarded “Recognized Young Dietitian of the Year” and is past-president of the Greater Spokane Dietetic Association. In her free time she enjoys traveling with her husband and spending with her grandchildren.

#### **BIOGRAPHY** – Allison White, PharmD:

Allison has a unique role working as a clinical pharmacist with the Sacred Heart kidney & pancreas transplant team. This role combines both inpatient and ambulatory care. Allison truly enjoys providing education to newly transplanted patients and their caregivers in a manner to empower them with the skills and knowledge they need to successfully manage the complicated post-transplant medication regimen. Additionally within this role, Allison serves as the pharmaceutical resource to the multi-disciplinary team, transplant patients, and living kidney donors.

Allison received a bachelor-of-science and Doctor of Pharmacy degree from Washington State University. Following this, she completed a PGY1 Pharmacy Practice Residency at Sacred Heart, where she has been working as a pharmacist since. Allison has worked in both the inpatient pharmacy and the ambulatory care clinics for Providence until her current role solely with the Kidney & Pancreas Transplant Program. Allison serves as an adjunct faculty member with the Washington State University College of Pharmacy and enjoys serving as a preceptor for the Sacred Heart Inpatient and Ambulatory Care Clinic’s Pharmacy Residency Programs. Outside of work, Allison loves being a mom to her two young kids.