



Flavorful Paths to Kidney Health: Celebrating Chinese Cuisine & Culture

2026

March 5 & 6
Sheraton Vancouver Guildford Hotel
Surrey, Vancouver, BC, Canada

Northwest
RENAL DIETITIANS

WEB: www.NWRDOnline.org
TWITTER: @NWRDconference
EMAIL: NWRDOnline@gmail.com

PROGRAM CHAIRS

Kelly Picard, PhD, RD, CDE - 2026 NWRD Co-Chair
Dani Renouf, RD, Msc, CDE - 2026 NWRD Co-Chair
Laura Wiseley MS, RD, CSR - 2026 NWRD President

Thursday, March 5th

7:45 - 8:00 AM

Elder Welcome

Elder Roberta Price

8:00 - 9:00 AM

8:45 - 9:00 Q&A

The Chinese Soup Tradition: Cultural Significance and Renal Nutritional Implications

Beverley Lau, RD

Vicky Ngo RD, CDE

Clinical Dietitians, Providence Health Care

9:00 - 10:00 AM

9:45 - 10:00 Q&A

Planetary Health

Dr. Michelle M.Y. Wong, MD, MSc, FRCPC, MPH

Clinical Assistant Professor, University of British Columbia

10:00 - 10:30 AM

Break/Visit Exhibitors (separate room from general session room)

10:30 - 11:30 AM

11:15-11:30 Q&A

Putting the Research in RD

Rebekah Sandhu, PhD (Cand.), M.A.N., R.D.

Research and Evaluation Dietitian, Fraser Health Authority

11:30 - 1:00 PM

Lunch/Visit Exhibitors (separate room from general session room)

1:00 - 2:00 PM

1:45 - 2:00 Q&A

Snacking During Dialysis Enhancing Supports for a Divisive Practice

Melanie Griffiths, RD

Registered Dietitian, Alberta Health Services

2:00 - 3:00 PM

2:45 - 3:00 Q&A

Balancing Blood Sugar and Kidney Function with a Chinese Cultural Lens

Daisy Lin, RD, CDE

Dietitian, Providence Health Care

3:00 - 3:30 PM

Break/Visit Exhibitors (separate room from general session room)

3:30 - 4:30 PM

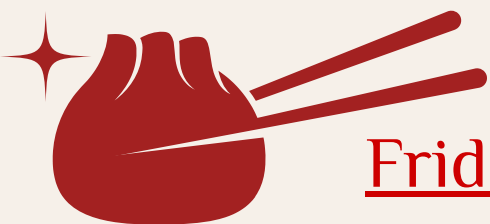
4:15 - 4:30 Q&A

Considerations GLP1 Receptor Agonists in CKD

Joseph Fonseca, RPh, PharmD, ACPR, BSc

Clinical Pharmacist, Island Health - Renal Program





Friday, March 6th

8:00 - 9:00 AM

8:45-9:00 Q&A

Ethical Considerations in End-of-Life Care

Jennifer A. Gibson

Director of Ethics, Executive Director of Professional Practice
Providence Health Care

9:00 - 10:00 AM

9:45 - 10:00 Q&A

The Interface between Chinese Culture and Western Medicine and Medication Management in CKD

Dr. Claudia Ho, BSc (Pharm), ACPR, PharmD, BCPS

Clinical Pharmacy Specialist, Fraser Health Renal Program

10:00 - 10:30 AM

Break/Visit Exhibitors (separate room from general session room)

10:30 - 11:30 AM

11:15-11:30 Q&A

Nourishing Safety: Bringing trauma-informed practice into dietetics

Meg Gorosh, BSW, RSW

Nephrology Social Worker, Nanaimo Kidney Care &
Transplant Clinic- Island Health

11:30 - 12:30 PM

12:15-12:30 Q&A

Genetics in CKD as it applies to Asian Populations

Mark Elliott MD.

Nephrologist, University of British Columbia

12:30 - 1:30 PM

Lunch/Visit Exhibitors (separate room from general session room)

1:30 - 2:30 PM

2:15 - 2:30 Q&A

Transplant in the Diverse Cultural Groups of BC

Vikas S. Sridhar

Transplant Nephrologist, UBC Adult Kidney Transplant
Program - St. Paul's Hospital Site

2:30 - 2:45 PM

2:30-2:45 Q&A

Break/Visit Exhibitors (separate room from general session room)

2:45 - 3:45 PM

3:30-3:45 PM Q&A

Chinese Food Cooking Demo

Renée Chan, MS, RD, MBA, RYT

CEO, Chef & Registered Dietitian of The Skript Kitchen

Les Dames D'Escoffier, BC Dietitians, Dietitians' Canada, UBC
Adjunct Professor



Networking Dinner

Peking Duck Crispy Skin with Crepes
Sauteed Duck Meat with Lettuce Wrap
Seafood Soup with Fish Maw
Braised Mushrooms, Dried Oysters with Black Moss
Live Crab Braised with Vermicelli
Steamed Live Fish with Light Soy Sauce
Roasted Chicken (Whole)
Mixed Vegetables with Garlic Sauce
Yang Chow Fried Rice
Neptune Signature Dessert

Neptune Palace Restaurant
10153 King George Blvd, Surrey, BC V3T 2W1
T: (604) 495-8886

Banquet-Style Authentic Chinese Cultural Dining Experience
(vegan, vegetarian, gluten-free options available; contact restaurant for specific food allergies)



NWRD Annual Conference 2026

Flavorful Paths to Kidney Health

March 5 & 6

Surrey, Vancouver, BC

To Register

- Opens: January 15th - February 15th, 2026
- Go to: www.NWRDOnline.org
 - Register and pay online
 - Make your lodging reservation, if needed

Fees

- \$200 - In-person - Both days
- \$120 - In-person, One day
- \$50 - In-person, Both days (U.S. Dietetic Interns)
- \$50 - In-person, Both days (U.S. RD Retirees)
- \$50 - Thursday Evening Networking Dinner
- \$200 - Recorded Sessions, will be made available after the conference

2026 NWRD Board & Planning Team

President:	Laura Wiseley MS RD CSR
Vice President:	Geri Jennings RD CD
Treasurer:	Lu Anderson MS RD
Secretary:	Lara Sokoloff MS RD
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Marketing:	Fionna Marave, RD
Exhibitor Concierge:	Renee Peterson RD

The following
Continuing Professional
Education Units (CPEU)
are pending by the
Commission on Dietetics
Registration (CDR):
12 - Lectures
1 - Posters
Total: 13 CPEUs

