

2021 NWRD Annual Conference - Virtual Event!

"Looking into the Future"



Katy Wilkens MS RD

2021 President, Northwest Renal Dietitians (NWRD)

Nutrition and Fitness Services Manager, Northwest Kidney Centers (NWKC)



Katy Wilkens MS RD

For Katy Wilkens, the primary role of the renal dietitian is to teach. Whether it is writing, speaking at events, educating peers and students, demonstrating healthy cooking techniques on television, developing patient education materials or sitting down with one of her hemodialysis patients, Katy finds it rewarding to offer information that can lead others to a healthier future.

The Nutrition and Fitness Services manager of Northwest Kidney Centers, Katy has worked in renal nutrition for over 35 years. In addition to helping her patients navigate their dialysis diet, she mentors multiple dietetic students in rotations at Northwest Kidney Centers each year and educates fellow health care professionals such as physicians, renal fellows, nurses and social workers.

Katy founded the Washington State Council on Renal Nutrition and the Northwest Renal Dietitians Conference; helping renal dietitians across the Northwest region connect and network. Katy is heavily involved in community outreach, speaking at numerous community health events and nutrition and renal conferences, and discussing healthy nutrition on the radio and TV.

Katy is the author of the renal chapter in the internationally recognized "Food, Nutrition and Diet Therapy" textbook and the original American Dietetic Associations Suggested Guidelines for the Care of Renal Patients. Ms. Wilkens is the long-time editor and author of a nutrition workbook for patients, "Nutrition, the Art of Good Eating for People on Dialysis". She writes regular nutrition columns for the Ballard News-Tribune, AgeWise King County, King County's Senior Services newsletter and NKF newsletters.

LINKS:

Website: www.nwkidney.org

LinkedIn: www.linkedin.com/in/katy-wilkens-30b99b30

Welcome Remarks from 2021 NWRD President

Thu Mar 4 - 8:00 AM - 8:15 AM (PST) 15 Min

Fri Mar 5 - 7:30 AM - 8:00 AM (PST) 30 Min

Wrap Up & Password for Online Evaluation & CPEU Certificates

Fri Mar 5 - 4:00 PM - 4:30 PM (PST) 30 Min

Medal of Excellence 2021



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Erin Dickerson RD CSR CD

2021 Co-Chair and Session Moderator, Northwest Renal Dietitians (NWRD)

Registered Dietitian, Davita Kidney Care

Erin Dickerson RD CSR CD

Erin Dickerson, RD, CSR, CD graduated from Central Washington University and has over 20 years of experience as a Registered Dietitian, 10 in renal dietetics. Erin has experience in WIC, diabetes education, et multiple years in long-term care, but her true passion is in CKD and ESRD. Erin resides in Pasco, Washington, with her spouse and 2 pups. She enjoys spending time with her new granddaughter, as well as crafting, reading, and traveling.



Gretchen Swartzbaugh MS RD LD

2021 Co-Chair and Session Moderator, Northwest Renal Dietitians (NWRD)

Registered Dietitian, Davita Kidney Care

Gretchen Swartzbaugh MS RD LD

Gretchen Swartzbaugh made her way out to the Pacific Northwest eight years ago from her hometown in Virginia. She graduated from James Madison University in Virginia and completed graduate school and her dietetic internship in Lake Charles, Louisiana. She has spent the last 10 years working in a variety of realms within clinical nutrition, including renal dietetics. Gretchen lives in Walla Walla, Washington and loves to travel, bake, and read.

Pre-Conference Tips from 2021 NWRD Co-Chairs

Thu Mar 4 - 7:30 AM - 8:00 AM (PST) 30 Min

Fri Mar 5 - 7:30 AM - 8:00 AM (PST) 30 Min

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Laura Byham-Gray PhD RDN FNKF

Professor and Vice Chair for Research, Department of Nutritional Sciences
School of Health Professions at Rutgers University

Laura Byham-Gray PhD RDN FNKF

Dr. Laura Byham-Gray is a Professor and Vice Chair for Research in the Department of Nutritional Sciences, School of Health Professions at Rutgers University. She has received several extramural research grants from the federal agencies to investigate energy expenditure and protein-energy wasting in patients on renal replacement therapies.

Dr. Byham-Gray has held numerous elected and appointed positions at the national, state, and local levels of National Kidney Foundation, The American Society of Parenteral and Enteral Nutrition, and the Academy of Nutrition & Dietetics. She has also served as the associate editor for the National Kidney Foundation publication, the *Journal of Renal Nutrition*.

Dr. Byham-Gray was the chief editor for two books: *Nutrition in Kidney Disease* (Springer Publications, 2014), and the *A Clinical Guide to Nutrition Care in Kidney Disease* (Academy of Nutrition and Dietetics, 2013), and has over 100 peer-reviewed articles and presentations to her credit.

Financial Disclosure: Dr. Byham-Gray has no relevant financial interests to disclose.

LINKS:

Website: shp.rutgers.edu/research

KDOQI Clinical Practice Guidelines for Nutrition in CKD – 2020 Update

Thu Mar 4 - 8:15 AM - 9:15 AM (PST) 60 Min

Presentation Objectives:

1. Evaluate and synthesize evidence-based nutrition therapy recommendations for adults with chronic kidney disease.
2. Describe the factors contributing to effectiveness of evidence-based chronic kidney disease nutrition therapy interventions provided by RDNs.
3. Implement the findings from the evidence-based nutrition therapy recommendations into practice with chronic kidney disease patients.

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Janice Newell Bissex MS RDN FAND

Holistic Cannabis Practitioner, Registered Dietitian, Culinary Nutritionist
Jannabis Wellness



Janice Newell Bissex MS RDN FAND

Janice Newell Bissex, MS, RDN, FAND is a Holistic Cannabis Practitioner, Registered Dietitian Nutritionist, and cookbook author.

After her dad found relief from his pain using medical cannabis it became Janice's mission to help others suffering from pain, anxiety, insomnia, autoimmune diseases, IBD/IBS, and other debilitating conditions find relief with CBD and cannabis.

She completed training and attained certification from Holistic Cannabis Academy and Green Flower, as well as the University of Vermont end of life doula program. Janice now advises clients on access, proper cannabinoid ratios, dosing, best consumption methods, and cooking with cannabis at *Jannabis Wellness*. She is a Professor of cannabis therapy at John Patrick University School of Integrative and Functional Medicine. Janice partnered with a Colorado manufacturer of organically grown medicinal grade hemp to provide phytocannabinoid-rich hemp CBD products for her clients under her *Jannabis Wellness* label.

Janice spent much of her career creating recipes and educating families about healthy cooking and eating at *Meal Makeover Moms* and *Janice Cooks*. A 2015 recipient of the Media Excellence Award from the Academy of Nutrition and Dietetics, Janice has authored five books, including *Simple Guide to CBD: Fact, Fiction, and a Path Forward*, *Color and Eat the Alphabet: Healthy Eating from A to Z* and *No Whine with Dinner*.

Janice writes for several magazines including CRx Magazine and Today's Dietitian. She enjoys educating health professionals and consumers about the medical benefits of cannabis and CBD and is a frequent speaker at conferences and guest on radio shows.

Janice is past president of the Massachusetts Academy of Nutrition and Dietetics and past chair of the Food & Culinary Professionals practice group of the Academy of Nutrition and Dietetics. A mom of two grown daughters, Janice lives outside of Boston with her husband and miniature dachshund, Ella. She enjoys kayaking, hiking, travel, yoga, and cooking and hosting events in her studio kitchen.

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LINKS:

Website: www.JannabisWellness.com

Twitter: twitter.com/JaniceBissex

Instagram: www.instagram.com/janicebissex

Role of Cannabis & CBD in CKD & ESKD

Thu Mar 4 - 9:30 AM - 10:30 AM (PST). 60 Min

Presentation Objectives:

1. Identify the major compounds in cannabis and hemp plants and explain how they may promote healing and relief
2. Discuss the components of the endocannabinoid system and its role in homeostasis and how an imbalance may negatively impact health
3. Discuss the different methods of cannabis or CBD administration, including why some methods might work better for individual clients than others, factoring in potential drug interactions and medical conditions, including CKD and ESKD

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"Looking into the Future"



Meera Nair Harhay MD MSCE FASN

Associate Professor of Medicine, Division of Nephrology and Hypertension, Drexel University College of Medicine, Associate Professor of Epidemiology and Biostatistics, Drexel University Dornsife School of Public Health

Drexel University College of Medicine, Philadelphia, Pennsylvania

Meera Nair Harhay MD MSCE FASN

Dr. Meera Harhay is an Associate Professor of Medicine at Drexel University College of Medicine and Associate Professor of Epidemiology and Biostatistics at the Drexel University Dornsife School of Public Health in Philadelphia, Pennsylvania. She is also a practicing transplant nephrologist at the Tower Health Transplant Institute in West Reading, Pennsylvania.

Dr. Harhay's research interests include physical, cognitive, and metabolic function in kidney disease, health policy and inequities in kidney transplantation, and the development of new technologies to improve treatment for kidney disease.

Dr. Harhay has authored nearly 60 peer-reviewed publications. She has been awarded numerous grants from the National Institutes of Health, and in 2020 received an R01 grant to phenotype weight loss in the setting of kidney disease and obesity.

She has also received funding from the National Science Foundation, the Pennsylvania Commonwealth Universal Research Enhancement Program, and the Coulter-Drexel Translational Research Partnership.

LINKS:

Faculty: drexel.edu/medicine/faculty/profiles/meera-harhay

First Do No Harm: Obesity Management in ESKD

Thu Mar 4 - 10:45 AM - 11:45 AM (PST) 60 Min

Presentation Objectives:

1. Examine the health impacts of obesity on people with kidney disease.
2. Discuss concepts and controversies in obesity management for people with end-stage kidney disease.
3. Consider strategies to mitigate potential harms of weight loss for people with end-stage kidney disease and obesity.

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Adrian E Miller

Soul Food Scholar, James Beard Foundation Book Award Winner

website: www.soulfoodscholar.com



Adrian E Miller

Adrian Miller is a native of Denver, Colorado, and a graduate of Stanford University where he received a bachelor's degree in International Relations. After he completed his undergraduate studies in 1991, Adrian spent a year at the Advocacy Institute, a non-profit organization in Washington, D.C. that teaches lobbying techniques to grassroots organizations.

Adrian then attended Georgetown University Law Center where he received his law degree in 1995. During the summer years of law school, Adrian was a research assistant to constitutional scholar Prof. Louis Michael Seidman of Georgetown University Law Center, and he was a summer associate the prestigious law firms of Bracewell & Patterson, LLP in Washington, DC and Holme Roberts & Owen, LLP in Denver, Colorado. During his third year of law school, Adrian interned with Howrey & Simon, LLP in Washington, DC.

After graduation, Adrian passed the Colorado Bar Examination and began practicing at Holme, Roberts & Owen, LLP where he specialized in employment law litigation. Adrian left Holme, Roberts & Owen, LLP in 1998, and began practicing corporate law and banking finance with the law firm of LeBoeuf, Lamb, Greene & MacRae, LLP until October 1999.

From October 1999 to January 2001, Adrian served as Special Assistant to the President and the Deputy Director of the President's Initiative for One America. The President's Initiative for One America was the first free-standing White House office in history to examine and focus on closing the opportunity gaps that exist for minorities in this country. The One America office built on the foundation laid by the President's Initiative on Race by promoting the President's goals of educating the America public about race and coordinating the work of the White House and federal agencies to carry out the President's vision of One America.

In 2001, Adrian returned to Colorado and became the Director of Outreach and General Counsel for The Bell Policy Center. The Bell Policy Center is a progressive think tank dedicated to making Colorado a state of opportunity for all. Since January 2007, Adrian has served as the Deputy Legislative Director to Governor Bill Ritter, Jr. In that capacity, Adrian advises the Governor on legislative matters and advances the Governor's agenda in the Colorado General Assembly. In September 2008, Adrian became a Senior Policy Analyst for Governor Ritter, and served in that position until January 2011. Adrian managed the successful re-election campaign of CU Regent at-large Stephen Ludwig which garnered the most votes ever for a regent's race.

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In June 2013, Adrian became the Executive Director of the Colorado Council of Churches, a statewide ecumenical social justice organization. The council represents eleven denominations and 850 churches across Colorado. Adrian is the first African American and the first layperson to hold this organization's executive director position.

Adrian is also a food writer and a certified barbecue judge. His first book, *Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time*, was published by the University of North Carolina Press on August 15, 2013. *Soul Food* won the 2014 James Beard Foundation Book Award for Outstanding Reference and Scholarship. His second book, *The President's Kitchen Cabinet: The Story of the African Americans Who Have Fed Our First Families from the Washingtons to the Obamas* was published on President's Day, 2017. It was nominated for a NAACP Award for Outstanding Literary Non-Fiction, and it was a finalist for the Colorado Book Award (History category). Adrian's third book on the history of African American barbecue, *Black Smoke: African Americans and the United States of Barbecue* will be published on Spring 2021.

Adrian has also received the 2019 Judge Henry N. and Helen T. Graven Award for being "an outstanding layperson whose life is nurtured and guided by a strong sense of Christian calling and who is making a significant contribution to community, church, and our society." The award is bestowed by Wartburg College, a Lutheran higher education institution in Waverly, Iowa.

LINKS:

Website: www.soulfoodscholar.com

Twitter: www.twitter.com/soulfoodscholar

Instagram: www.instagram.com/soulfoodscholar

Soul Food: The Past, Present, and Future

Thu Mar 4 - 12:45 PM - 1:45 PM (PST) 60 Min

Presentation Objectives:

1. The learner will be able to identify the components of soul food, including special foods served at holidays and celebrations.
2. The learner will understand the progression of soul food through the ages to its current presentation
3. The learner will be able to describe the health benefits of soul food.

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Jodi Wolff MS RDN FAND ACPDM

Registered Dietitian, Adjunct Instructor

Case Western Reserve University, School of Medicine, Cleveland Ohio

Jodi Wolff MS RDN FAND ACPDM

Jodi Wolff has been a clinical dietitian for over 20 years. She has extensive experience working in critical care, GI, metabolic disorders, oncology and neurological impairment.

She received a Bachelor of Science degree in Dietetics from Youngstown State University and a Master of Science degree in Nutrition from Case Western Reserve University in Cleveland, Ohio where she is currently an adjunct instructor at the CWRU School of Medicine.

She is a fellow of the Academy of Nutrition and Dietetics (AND) and the American Academy of Cerebral Palsy and Developmental Medicine. She helped create the curriculum for the Academy of Nutrition and Dietetics Nutrition Focused Physical Exam (NFPE) Hands -On Workshop.

Jodi has authored articles and book chapters on topics such as critical care, nutrition for neurologically impaired children and gastrointestinal nutrition. She is a frequent lecturer on Malnutrition and Nutrition Focused Physical Exam and believes that NFPE is an essential skill for all dietitians in patient care.

LINKS:

website: www.case.edu

Malnutrition and Nutrition Focused Physical Exam

Thu Mar 4 - 2:00 PM - 3:00 PM (PST) 60 Min

Presentation Objectives:

1. Recognize physical signs of muscle and fat wasting to help identify malnutrition.
2. Identify clinical signs of micronutrient deficiency and toxicity.
3. Evaluate fluid status using Nutrition Focused Physical Exam (NFPE)

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Susanne B. Nicholas MD MPH PhD

Nephrologist, Associate Professor of Medicine and Clinical Hypertension Specialist,
Division of Nephrology

David Geffen School of Medicine at UCLA Health Sciences

Susanne B Nicholas MD MPH PhD

Dr. Nicholas is a tenured Associate Professor of Medicine and Clinical Hypertension Specialist at the David Geffen School of Medicine at University of California, Los Angeles (UCLA), Division of Nephrology. She received her medical degree from the University of California, San Diego, her Masters' in Public Health from San Diego State University and her PhD in Physiology at UCLA.

Her research interests are to uncover and validate novel therapeutic targets for diabetic kidney disease and (DKD) associated biomarkers that may predict DKD progression, and the design of studies that prevent the progression of chronic kidney disease (CKD), particularly related to health disparities. She served as Principal Investigator for the UCLA site of the largest, multi-institutional NIH/NIDDK-funded study for susceptibility genes for diabetes and their linkage relationships to nephropathy and retinopathy in Mexican Americans and African Americans. She and her colleagues are leading the effort to understand and analyze the datasets resulting from the collaboration between two large, integrated health systems to advance awareness, detection, action and research for the CKD community.

She received the Minority Access, Inc. National Role Model Faculty Researcher Award, and the National Kidney Foundation's Medical Advisory Board Distinguished Service Award for her 15+ years of dedication to the National Kidney Foundation, both at the local and national levels, and continues to serve as President of the NKF Medical Advisory Board Executive Committee for Southern California and Southern Nevada. She leads the UCLA Nephrology Racial Equity committee and has established collaborations locally, nationally and internationally, with over 100 peer-reviewed articles and book chapters in the areas of DKD, hypertension and health disparities. She has served on several federal and private foundation grant review committees.

LINKS: Faculty: www.uclahealth.org/susanne-nicholas

Health Disparities among African Americans with CKD and Diabetes

Thu Mar 4 - 3:15 PM - 4:15 PM (PST) 60 Min

Presentation Objectives:

1. Definition of and epidemiology of health disparities in CKD and diabetes
2. Risk Factors that contribute to health disparities in African Americans
3. Barriers and strategies to overcome health disparities in African Americans with CKD and diabetes

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David St-Jules PhD RD

Registered Dietitian, Assistant Professor, Department of Nutrition
University of Nevada, Reno

David St-Jules PhD RD

David St-Jules is an Assistant Professor in the Department of Nutrition at the University of Nevada, Reno. His Translational Program in Kidney Nutrition explores dietary determinants of nutrition-related problems in people with chronic kidney disease, and their translation into dietary patterns.

LINKS:

Faculty: www.unr.edu/nutrition/directory/st-jules-david

The New Hyperkalemia Diet

Fri Mar 5 - 8:00 AM - 9:00 AM (PST) 60 Min

Presentation Objectives:

1. Examine the scientific premise and rationale for the low-potassium diet
2. Explore other dietary factors that may contribute to hyperkalemia in people with CKD
3. Discuss an etiology-based approach to managing hyperkalemia in people with CKD

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Geoffrey A Block MD

Associate Chief Medical Officer and Senior Vice President, Clinical Research and Medical Affairs

U.S. Renal Care

Geoffrey A Block MD

Geoffrey A. Block, MD is the Associate Chief Medical Director and Senior Vice President of Clinical Research and Medical Affairs at U.S. Renal Care.

Before joining U.S. Renal Care, Dr. Block served as the Vice President of Nephrology for Reata Pharmaceuticals, a pharmaceutical company developing innovative therapies to improve outcomes for patients with chronic kidney disease and other life-threatening conditions. Earlier, Dr. Block served as Director of Clinical Research and Partner at Denver Nephrology.

Over the last twenty years, Dr. Block has served as the principal or co-investigator for numerous clinical trials, and his work has been widely published in medical and nephrology research journals. Since 2000, he has been a manuscript reviewer for the New England Journal of Medicine, Journal of the American Medical Association, Journal of the American Society of Nephrology and American Journal of Kidney Disease, among several other journals.

Dr. Block received a Bachelor of Arts degree from Miami University of Ohio before earning his medical degree from the University of Cincinnati College of Medicine in Cincinnati, Ohio. He completed his residency and chief residency at the University of Cincinnati and his fellowship at the University of Michigan. He has most recently taught at the University of Colorado Health Sciences Center.

LINKS:

Faculty: www.usrenalcare.com/partner-with-us/leadership/dr-geoff-block.html

MBD: Tenapanor, HiLo Trial, FGF-23 and Everything In Between

Fri Mar 5 - 9:15 AM - 10:30 AM (PST) 75 Min

Presentation Objectives:

- 1) review current understanding of P physiology including absorption and determinants of serum P levels
- 2) assess data regarding role of FGF23 in pathophysiology of CKD-MBD and clinical outcomes in CKD
- 3) provide data from clinical trials regarding the use of NHE3 inhibitors in CKD-5D
- 4) propose a treatment strategy for P lowering therapy in CKD-5D

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Connie Rhee MD MSc

Nephrologist, Physician-Scientist, and Associate Professor of Medicine and Public Health

University of California Irvine

Connie Rhee MD MSc

Dr. Connie Rhee, MD, MSc is a practicing nephrologist, physician-scientist, and Associate Professor of Medicine and Public Health at the University of California Irvine. Dr. Rhee pursued her clinical nephrology fellowship and postdoctoral research training at the combined Brigham and Women's Hospital/Massachusetts General Hospital nephrology fellowship program, and also completed a Master of Science in Epidemiology degree program at the Harvard School of Public Health.

Dr. Rhee joined the University of California Irvine Division of Nephrology as faculty in 2013, and she currently serves as the Division's Director of Clinical and Translational Research; Director of Dialysis Quality Improvement and Associate Director of Outpatient Hemodialysis; Associate Director of Urgent/Emergent Dialysis; Associate Fellowship Program Director; and Acting Associate Chief.

Dr. Rhee's research has been centered on metabolic and endocrine derangements in kidney disease and dialysis outcomes in the end-stage renal disease population, and she has been supported by multiple NIH, National Kidney Foundation, and American Thyroid Association grants.

LINK:

Twitter: [@ConnieMRhee](https://twitter.com/ConnieMRhee)

Management of Diabetes in CKD & ESKD

Fri Mar 5 - 10:45 AM - 11:45 AM (PST) 60 Min

Presentation Objectives:

1. Review the epidemiology and pathophysiology of diabetic kidney disease.
2. Describe and compare metrics used to monitor glycemic status in diabetic kidney disease.
3. Examine outcomes associated with glycemic status in chronic kidney disease and end-stage renal disease patients.
4. Discuss nutritional management of diabetic kidney disease, including current clinical practice guidelines, recent studies, and future research directions.

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Deidra C Crews MD ScM FASN FACP

Professor of Medicine, Division of Nephrology, Associate Vice Chair for Diversity and Inclusion, Department of Medicine, Associate Director for Research Development, Johns Hopkins Center for Health Equity Director, Doctoral Diversity Program

Johns Hopkins University School of Medicine



Deidra C Crews MD ScM FASN FACP

Dr. Crews is a Professor of Medicine in the Division of Nephrology at the Johns Hopkins University School of Medicine. She holds appointments with the School of Nursing, the Welch Center for Prevention, Epidemiology and Clinical Research, the Center on Aging and Health, and the Center for Health Equity, where she is Associate Director for Research Development. Her research focuses on addressing disparities in the care and outcomes of kidney disease and hypertension.

An elected member of the American Society for Clinical Investigation, Dr. Crews has received numerous awards for her research contributions, including the 2018 Johns Hopkins University President's Frontier Award--a \$250,000 award granted to a single faculty scholar on the cusp of transforming their field. She is a National Academy of Medicine (NAM) Emerging Leader Scholar and was the inaugural Gilbert S. Omenn Anniversary Fellow of the NAM. In 2019, Dr. Crews received the W. Lester Henry Award for Diversity and Access to Care from the American College of Physicians and the Distinguished Leader Award from the American Society of Nephrology.

LINKS:

Faculty: www.hopkinsmedicine.org/profiles/results/directory/profile/0018671/deidra-crews

Doctoral Diversity Program: ddp.cellbio.jhmi.edu

Twitter: [@DrDeidraCrews](https://twitter.com/DrDeidraCrews)

Social Determinants of Health in Relation to Disparities

Fri Mar 5 12:30 PM - 1:30 PM (PST) 60 Min

Presentation Objectives:

1. To describe what is meant by the social determinants of health
2. To understand some of the social determinants of adverse kidney outcomes
3. To discuss what clinicians and health systems might do to address social determinants of kidney outcomes

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Shivam Joshi MD

Nephrologist, Clinical Assistant Professor

Department of Medicine, NYU Grossman School of Medicine



Shivam Joshi MD

Shivam Joshi, MD, is an internist, nephrologist, and plant-based physician practicing at NYC Health + Hospitals/Bellevue in New York City. He received his BS from Duke University and his MD from the University of Miami. He completed his residency at Jackson Memorial Hospital/University of Miami and his nephrology fellowship at the Hospital of the University of Pennsylvania.

He is also a clinical assistant professor at the New York University School of Medicine with research interests in plant-based diets, fad diets, and nephrology. He has written numerous scientific articles and speaks nationally on these subjects.

LINKS:

Twitter: [@sjoshiMD](https://twitter.com/sjoshiMD)

Website: www.afternoonrounds.com

Faculty: www.nyulangone.org/doctors/1104168079/shivam-joshi

Keto Diet Revealed: Risks and Benefits in CKD

Fri Mar 5 - 1:45 PM - 2:45 PM (PST) 60 Min

Presentation Objectives:

- 1 - Be able to understand the utility of the ketogenic diets
- 2 - Be able to understand the potential downfalls of the ketogenic diets
- 3 - Be able to understand the limitations of the evidence of the diet in CKD



2021 NKF Joel D. Kopple Awardee!

*The Joel D. Kopple Award is an annual award honoring an individual who has made significant contributions to the field of renal nutrition. The 2021 recipient is **Shivam Joshi, MD!***

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"Looking into the Future"



Glenda V Roberts

Director External Relations and Patient Engagement, Kidney Research Institute, Center for Dialysis Innovation

Department of Medicine, Division of Nephrology, University of Washington

Glenda V Roberts

Prior to joining the UW Kidney Research Institute (KRI) and the Center for Dialysis Innovation (CDI) as the Director of External Relations & Patient Engagement, Glenda V. Roberts was an Information Technology executive with over 35 years of experience.

A passionate activist for kidney research and people living with kidney disease, she's involved in myriad national and international, transformative health care initiatives. They include the Kidney Precision Medicine Project (KPMP) as the Director of Communications; Kidney Health Initiative (KHI) Patient and Family Partnership Council (PFPC); the American Society of Nephrology (ASN) COVID-19 Rapid Response Team, and Transplant Subcommittee; the International Society of Nephrology (ISN) Patient Group; the Can-SOLVE CKD International Research Advisory Committee; National Kidney Foundation-ASN eGFR and Race task force; and several other National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) funded research projects and patient advisory committees.

Diagnosed with kidney disease when she was just out of college, Glenda has first-hand knowledge of the challenges faced by patients and families affected by kidney disease. For four decades she slowed the progression of her kidney disease through diet and exercise. While living with kidney disease, Glenda simultaneously rose through the corporate world, evolving from a software developer to a senior business executive managing multi-million dollar business units for top-caliber corporations, including General Electric, Microsoft, Shell Oil, Johnson & Johnson, and as the Executive Director of the Seattle Transplant House.

LINKS:

KRI website: kri.washington.edu

CDI website: cdi.washington.edu

Faculty: cdi.washington.edu/people/glenda-roberts

Future of Dialysis Therapies

Fri Mar 5 3:00 PM - 4:00 PM (PST) 60 Min

Presentation Objectives:

1. List the new dialysis therapies under development
2. Describe how each may address patient preferences
3. Identify the government programs designed to de-risk dialysis innovation



NEW news - Congrats!

So excited to hear that Glenda Roberts received a silver medal from AAKP as a kidney patient advocate! Glenda is an inspirational leader at KRI and CDI