

# Northwest

RENAL DIETITIANS

WEB: [www.NWRDonline.org](http://www.NWRDonline.org)

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## Past Annual Conference Programs







NORTHWEST RENAL DIETITIANS  
NON-PROFIT  
SEAL  
WASHINGTON

2015



# Northwest

RENAL DIETITIANS

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Past Annual Conference Programs



## SUMMARY FOR TASK FORCE MEETING - 1986

Renal dietitians from Network II met February 20 and 21 in Portland, Oregon, for the annual Task Force meeting. Adjectives such as excellent, worthwhile, informative, and money well spent, were used by the attendees to describe the two day conference.

Jan Weber, Management Consultant, helped individuals understand the relationship of time to other resources they manage, the concept of delegation and establishing priorities. She suggested practical ways of improving time management so items of priority are accomplished and free/personal time is still available, including ideas to save time on meetings and conferences, reducing paperwork, reducing visitor interruptions, saving on telephone time, and hot tips on office management.

Dr. Richard Parker, Nephrologist, presented an overview of deterioration of kidney function as it leads to failure and dialysis, and the relation of protein in the diet to kidney function.

Katy Wilkens, R.D., presented information and conducted a "hands-on" practice session on use of anthropometrics. Katy provided current procedures and protocols, tables, and formulas for use of anthropometrics with renal patients. Katy led discussion on topics including the pros and cons of use of anthropometrics, proper technique in measurement, and factors affecting accurate and consistent measurement.

The Sharing Session provided an opportunity for Network II renal dietitians to share their ideas, projects, and expertise. Some of the topics included: Low Protein Diets and Aminess, Nutrition Support: Parenteral and Enteral Nutrition, Dietitian Staffing Ratio, and Vitamin Supplementation in the Renal Patient.

Thank-you for all your support and see you in 1987!

Denise Rumpza, R.D.  
Coordinator  
Network II Meeting 1986



**BEYOND THE BASICS:**

**NEW DIRECTIONS FOR RENAL NUTRITION**

**PROGRAM**

Annual Meeting  
of the  
Northwest Renal Dietitians

Thursday, March 4, 1993

**Fred Hutchinson Cancer Research Center**

- 7:30-8:00 Registration  
Refreshments  
(Schein Pharmaceuticals)
- 8:00-8:15 Opening  
Lori Brizee, Chair, WSCRN
- 8:15-9:15 Working with Patients from  
Dysfunctional Families  
Kathleen Spikes, M.S.W.
- 9:15-10:00 Exhibits and  
Nourishment Break  
(NMC Homecare)
- 10:00-11:15 Compliance in Adolescents  
William Womack, M.D.
- 11:15-12:00 Multi-Ethnic Renal  
Considerations in Hawaii  
Aileen Ueunten, M.S., R.D.
- 12:00-12:30 Travel to Columbia Center

**Columbia Center**

- 12:30-3:00 Catered Lunch  
(Abbott Laboratories)  
Bone Disease in Renal  
Patients  
Panel Discussion with:  
Heidi Peacey, M.S., R.D.  
Susan Ott, M.D.  
Donald Sherrard, M.D.  
(Braintree Laboratories,  
Hoffmann LaRoche,  
R & D Laboratories)

- 3:00-3:15 Break
- 3:15-4:30 Sharing Sessions\*  
(Topics to be announced)
- 4:30-5:00 Steering Committee Meeting

Friday, March 5, 1993

**Fred Hutchinson Cancer Research Center**

- 7:30-8:00 Registration
- 8:00-9:30 Breakfast and Business Meeting  
(Ross Laboratories)
- 9:30-10:30 Carnitine in Renal Patients  
Marsha Wolfson, M.D.  
(Sigma-Tau Pharmaceuticals)
- 10:30-10:45 Refreshments  
(Schein Pharmaceuticals)

- 10:45-11:45 Management in Nutrition in Acute  
Renal Failure  
Marsha Wolfson, M.D.  
(Sigma-Tau Pharmaceuticals)
- 11:45-1:30 Box Lunch and  
Sharing Sessions\*  
(Amgen)
- 1:30-3:30 Caring for the Caregiver  
Frecia Kelly, R.N., Ph.D.
- 3:30 Adjournment

\*Sharing Sessions will be informal discussions  
involving the entire group rather than small group  
discussion.



## **SPEAKERS**

FRECIA KELLY, R.N., Ph.D.  
Associate Professor of Nursing  
School of Nursing, Pacific Lutheran University  
Tacoma, WA  
Consultant and owner of Stress Reduction  
Enterprises  
Renton, WA

SUSAN OTT, M.D.  
Associate Professor  
Division of Metabolism, Endocrinology and  
Nutrition  
University of Washington  
Seattle, WA

HEIDI PEACEY, M.S., R.D.  
Director of Nutrition Services  
Puget Sound Kidney Center  
Everett, WA

DONALD SHERRARD, M.D.  
Chief of Nephrology  
VA Hospital  
Seattle, WA

KATHLEEN SPIKES, M.S.W.  
Social Worker, Division of Nephrology  
Children's Hospital and Medical Center  
Seattle, WA

AILEEN UEUNTEN, M.S., R.D.  
Renal Dietitian  
Intercontinental Medical Services, Inc.  
Honolulu, HI

MARSHA WOLFSON, M.D.  
Chief, Nephrology  
Portland VA Medical Center  
Associate Professor  
OHSU Department of Medicine  
Portland, OR

WILLIAM WOMACK, M.D.  
Associate Professor  
Department of Psychiatry and Behavior Sciences  
School of Medicine  
University of Washington  
Head, Pediatric Consultation Liaison Service  
Children's Hospital and Medical Center  
Seattle, WA

## **EXHIBITORS and SPONSORS**

Abbott Laboratories

AMGEN

Braintree Laboratories

Central Pharmaceuticals

CIBA

Hoffmann LaRoche

Mead Johnson

NMC Homecare

R & D Laboratories

Ross Laboratories

Schein Pharmaceuticals

Sherwood Medical

Sigma-Tau Pharmaceuticals

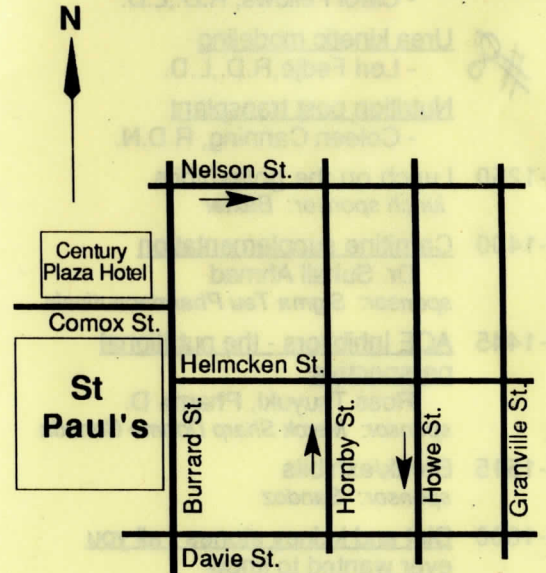


# NORTHWEST RENAL DIETITIANS ANNUAL CONFERENCE

**MARCH 3 & 4, 1994**

St. Paul's Hospital  
1081 Burrard Street  
Vancouver, British Columbia  
V6Z 1Y6  
CANADA

Phase II Level 1 Conference Rooms



## Conference Hotel:

Century Plaza Hotel  
1015 Burrard Street  
Vancouver, B.C.  
V6Z 1Y5  
ph: (604) 687 0575  
fax: (604) 682 5790

Rates:  
Single/Double \$59.95Cdn. + tax  
Twin \$69.95Cdn. + tax  
Extra person \$20Cdn

\*Conference rooms must be booked by  
February 3, 1994. Mention NWRD when  
booking

## Other hotels within walking distance:

Parkhill Hotel	Meridien Hotel
\$89-\$109Cdn + tax	\$140-\$160Cdn + tax
(800) 663-1525	(604) 682-5511

## Parking available at:

St. Paul's Hospital - enter off Burrard St.  
Century Plaza Hotel - enter off Comox St.  
SuperValu - 1255 Davie St. (need 12 quarters)

**Registration Form**  
Registration and Fees Due February 17, 1994

Name : \_\_\_\_\_

Place of Work: \_\_\_\_\_ (as you want it to appear on your name tag) City/Town \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home phone: ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_

I will be attending: Mar 3 \_\_\_\_\_ Mar 4 \_\_\_\_\_

**Fees**  
Both days: \$67Cdn/\$50US  
One day: \$47Cdn/\$35US  
At the door: \$80 Cdn/\$60US

**Please mail registration and  
fee to:**

Lai Lin Harvalias, R.D.N.  
2940 Delahaye Drive  
Coquitlam, British Columbia  
CANADA  
V3B 7E8  
Make cheques payable to:  
"Renal Practice Group"



## SCHEDULE

### Thursday, March 3

- 0730-0800 Registration/breakfast/exhibits  
*breakfast sponsor: Landmark Medical*
- 0800-0815 Opening address
- 0815-0915 Lipid disorders in renal failure  
Dr. Adeera Levin  
*sponsor: Fournier Pharma*
- 0915-1015 MDRD Study - What did we learn and where do we go from here?  
Janet DiChiro, R.D.  
*sponsor: Ortho Biotech*
- 1015-1100 Break/exhibits  
*sponsor: Wyeth*
- 1100-1130 Health care in Canada  
Leila Lolua, R.D.N.
- 1130-1230 Concurrent Sharing Sessions:  
IDPN  
- Betty Parry Fisher, M.Sc., R.D., C.N.S.D.  
- Carol Fellows, R.D., L.D.
- Urea kinetic modeling  
- Lori Fedje, R.D., L.D.
- Nutrition post transplant  
- Coleen Canning, R.D.N.
- 1230-1250 Lunch on the go/exhibits  
*lunch sponsor: Baxter*
- 1250-1400 Carnitine supplementation  
Dr. Suhail Ahmad  
*sponsor: Sigma Tau Pharmaceuticals*
- 1400-1445 ACE Inhibitors - the nutritional perspective  
Ross Tsuyuki, Pharm. D.  
*sponsor: Merck Sharp Dohme Canada*
- 1445-1515 Break/exhibits  
*sponsor: Sandoz*
- 1515-1600 Diet and kidney stones - all you ever wanted to know  
Valerie Walker, Ph.D.
- 1600-1800 Steering committee meeting

### Friday, March 4

- 0730-0800 Registration
- 0800-0930 Breakfast/business meeting  
*breakfast sponsor: NMC Homecare*
- 0930-1015 Large sharing session  
Practical management of nutrition problems
- 1015-1045 Break/exhibits  
*sponsor: Fazio Foods*
- 1045-1230 Ethics in a nutshell- the renal dietitian as a team player  
Dr. A.M. Bleumke and Pat Cissell, R.D.  
*sponsor: St. Paul's Hospital Foundation*
- 1230-1330 Lunch/exhibits  
*lunch sponsor: Ross Laboratories Canada & Abbott Laboratories Canada*
- 1330-1530 Time and stress optimization  
Hélène Meloche  
*sponsor: Food and Nutrition Services, Vancouver General Hospital*
- 1530 Adjourn

#### Program planned by:

Alice Anderson, Janice Berg, Colleen Canning, Lai Lin Harvalias, Janice Johnson, Susan Reddy, Naomi Taylor, Clara Tepait with special thanks to Katy Wilkins and Lori Brizee

#### Thanks to:

Ross Laboratories (U.S.), Mead Johnson & Dairyworld Foods Ltd. for contributions

Graphics by: JJ & WG @ PGL

## FACULTY

### Suhail Ahmad, M.D.

Associate Professor, Nephrology/Internal Medicine and Medical Director of Dialysis Unit, University of Washington; Medical Director of Scribner Kidney Center, Seattle

### Alice M. Bleumke, B.Sc.N., M.D., CCFP

Chairperson, Research Review Ethics Committee, Credit Valley Hospital, Mississauga ON

### Pat Cissell, R.D.

Renal Dietitian, Credit Valley Hospital, Mississauga ON

### Janet DiChiro, M.S., R.D.

Senior Research Dietitian, Harbor-UCLA Medical Center

### Adeera Levin, M.D., FRCP(C)

Associate Professor of Medicine, University of British Columbia; Nephrologist, St. Paul's Hospital

### Leila Lolua, R.D.N.

Renal dietitian, Vancouver General Hospital

### Hélène Meloche

Hélène Meloche Communications, Gatineau PQ

### Ross Tsuyuki, B.Sc.(Pharm.) Pharm.D.

Assistant Professor, Faculty of Pharmaceutical Sciences, University of British Columbia; Co-director, Clinical Research Program, Department of Cardiac Sciences, Royal Columbian Hospital, New Westminster

### Valerie Walker, Ph.D.

Assistant Professor of Medicine, University of British Columbia



# Northwest Renal Dietitians

Annual Meeting

**March 6 and 7, 1995**

Monarch Hotel & Conference Center

Clackamas, Oregon



## Conference Hotel:

Monarch Hotel and Conference Center  
12566 SE 93rd Avenue  
Clackamas, OR 97015

Phone: (503) 652-1515  
Fax : (503) 652-7509  
Reservations: 1-800-492-8700

Rates:  
single/doubles \$78.00 plus 6% room tax

Conference rooms must be reserved by February 12, 1995. Mention NWRD meeting when booking.



## REGISTRATION FORM: NW Renal Dietitians' Annual Meeting

Name \_\_\_\_\_ Work Phone \_\_\_\_\_  
Address \_\_\_\_\_ Home Phone \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Registration Fee -  one:  
Both Days \$30.00  
Monday only \$ 35.00  
Tuesday only \$35.00

Sharing Sessions: (circle choices)  
Monday - 1100 1 2 3 4  
1500 1 2 3 4  
Tuesday - 1430 1 2 3

I am bringing education or work tools:  Y  N

Monday evening Dinner Social at the Mediterranean Grill.  Y  N \$20/person - prepay required \$ \_\_\_\_\_ enclosed  
(Dinner includes a selection from 3 entrees, green salad, starch, vegetable, dessert and coffee or tea.)

*Port Loin Normandy - port loin in a apple cream sauce*

*Chicken with Raspberry Sauce - sauteed chicken breast with a mushroom/raspberry sauce*

*Mediterranean Sea Bass - sea bass fillet with compote of onion, olives and capers wrapped in parchment and baked*

Make checks payable to : Oregon Council on Renal Nutrition

Registration Deadline: February 13, 1995

Mail Registration to:

Jessie Pavlinc, RD, LD  
19629 S Meyers Rd.  
Oregon City, OR 97045

Questions?? call Maureen McCarthy (503) 494-8636

# NW Renal Dietitians' Annual Meeting

## Monday, March 6

0730-0800 Registration & Exhibits

0800-0815 Welcome

0815-0915 New Perspectives on the Nutritional Treatment of Patients with Renal Disease

*Arlene W. Caggiula, PhD, RD*

0915-1015 Translating an Idea into Research

*Judith Beto, PhD, RD*

1015-1100 Break & Exhibits

1100-1200 Sharing Session (choose one)

1) Research on a Shoestring (limited enrollment) - bring possible study topics with you

*Judith Beto, PhD, RD*

2) Getting Started: A Primer in Kinetic Modelling

*Joan Brookhyser, RD, LD*

3) Dialysis A to Z: An Open Forum

*Lois Edelstein, RD, LD*

4) Renal Bone Disease

*Linda McCann, RD*

1200-1300 Lunch & Exhibits

1300-1400 High Hematocrits - How to Help Patients Get Them and Keep Them

*John M. Newmann, PhD*

1400-1500 Current Knowledge and Controversies of Renal Bone Disease

*Linda McCann, RD*

1500-1600 Sharing Session (choose one from above)

1600-1800 Steering committee meeting

## Tuesday, March 7

0730-0800 Registration & Exhibits

0800-0930 Business Meeting

0930-1030 CRRT - What, When, How?

*Petrea Monson, MS, RD, CNSD*

1030-1100 Break & Exhibits

1100-1145 The Role of the Registered Dietitian in the CQI Process

*Melinda J Martin-Lester, RN, CNN*

1145-1230 Intraperitoneal Nutrition: Some Case Studies

*Cathryn Shuler, MD*

1230-1330 Lunch

1330-1430 Cultural Differences and Health Care Delivery

*Joseph W. Scott, PhD*

1430-1530 Sharing Session (choose one)

1) Justifying Medical Nutrition Therapy in Renal Nutrition

*Jessie Pavlinac, MS, RD, LD*

*Melinda J Martin-Lester, RN, CNN*

2) Sharing Foreign Language Materials and Counseling Expertise

*Joseph W. Scott, PhD*

3) Nutrition Strategies for Pre-dialysis Patients: Back to Class

*Katy Wilkens, MS, RD*

1530 Adjourn

## Faculty

*Judith A. Beto, PhD, RD*

Associate Professor, Department of Nutrition, Rosary College, River Forest, IL; Editor, Journal of Renal Nutrition

*Joan Brookhyser, RD*

Renal Dietitian, St. Joseph Hospital and Health Care Center, Tacoma, WA

*Arlene W. Caggiula, PhD, RD*

Principle Investigator, Nutrition Coordinating Cntr-MDRD, Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA

*Lois Edelstein, RD, LD*

Renal Dietitian, Legacy Good Samaritan Hospital, Legacy Kidney Services, Portland, OR

*Melinda J Martin-Lester, RN, CNN*

Vice President of Clinical Operations, Qualicenters, Inc., Wheat Ridge, CO., Private Consultant, Nephrology Management Group, Lakewood, CO

*Linda McCann, RD*

Nutrition Services Coordinator, Satellite Dialysis Centers, Inc., Redwood City, CA

*Petrea Monson, MS, RD, CNSD*

Senior Dietitian, UCSD Medical Center, Department of Clinical Nutrition, San Diego, CA

*John M Newmann, PhD*

Founder, President: Health Policy Research & Analysis, Inc., Reston, VA

*Jessie Pavlinac, MS, RD, LD*

Clinical Nutrition Manager, Renal Dietitian, Senior Instructor, School of Medicine, Oregon Health Sciences University, Portland, OR

*Joseph Walter Scott, PhD*

Professor of American Ethnic Studies and Professor of Sociology, University of Washington, Seattle, WA

*Cathryn Shuler, MD*

Assistant Professor of Medicine, Division of Nephrology and Hypertension, Oregon Health Sciences University, Portland, OR

*Katy Wilkins, RD*

Renal Nutrition Department Head, Northwest Kidney Centers, Seattle, WA



**NORTHWEST RENAL DIETITIANS  
1995 SPRING MEETING--SCHEDULE**

Monarch Hotel and Conference Center  
Clackamas, Oregon

**Monday, March 6**

- 0730-0800 Registration and Exhibits Clackamas Room  
Continental Breakfast sponsored by *R&D Laboratories*
- 0800-0815 Welcome  
*Nancy Frazier and  
Maureen McCarthy, Co-Chairs* Sandy-Willamette Room
- 0815-0915 **New Perspectives on the Nutritional Treatment  
of Patients with Renal Disease**  
*Arlene Caggiula, PhD, RD*  
*Graduate School of Public Health*  
*University of Pittsburgh*
- 0915-1015 **Translating an Idea into Research**  
*Judith Beto, PhD, RD*  
*Editor, Journal of Renal Nutrition*
- 1015-1100 Exhibits and Refreshments Clackamas Room
- 1100-1200 Sharing Sessions (attend one)  
**1) Research on a Shoestring** Summit Room  
*Judith Beto, PhD, RD*  
**2) Getting Started: A Primer in Kinetic Modeling** Sandy Room  
*Joan Brookhyser, RD*  
*St. Joseph Hospital and Health Care Center*  
*Tacoma, WA*  
**3) Dialysis A to Z: An Open Forum** Cascade Locks Room  
*Lois Edelstein, RD, LD*  
*Legacy Good Samaritan Hospital*  
*Portland, OR*  
**4) Renal Bone Disease** Willamette Room  
*Linda McCann, RD*  
*Satellite Dialysis Centers*  
*Redwood City, CA*



- 1200-1300 Exhibits and Lunch Clackamas Room  
Lunch sponsored by *Amgen*
- 1300-1400 **High Hematocrits - How to Help Patients**  
*2* **Get Them and Keep Them** Sandy-Willamette Room  
*John M. Newmann, PhD*  
*Health Policy Research & Analysis, Inc.*  
*Reston, VA*
- 1400-1500 **Current Knowledge and Controversies of**  
*2-3* **Renal Bone Disease**  
*Linda McCann, RD*
- 1500 *3* Refreshments (as you move to Sharing Sessions!)
- 1500-1600 Sharing Sessions (attend one)  
*3-4* **See above for session titles and rooms**
- 1600-1800 Steering Committee Meeting  
*4-6*





**NORTHWEST RENAL DIETITIANS  
1995 SPRING MEETING--SCHEDULE**  
Monarch Hotel and Conference Center  
Clackamas, Oregon

**Tuesday, March 7**

- |                                 |   |                       |
|---------------------------------|---|-----------------------|
| 0730-0800                       | Registration and Exhibits<br>with Continental Breakfast   | Clackamas Room        |
| 0800-0930                       | <b>Business Meeting</b><br><i>Donna Wagnild, RD</i><br><i>OCRN Chairperson</i>  | Sandy-Willamette Room |
| 0930-1030                       | <b>CRRT - What, When, How?</b><br><i>Petrea Monson, MS, RD, CNSD</i><br><i>UCSD Medical Center</i><br><i>San Diego, CA</i>                                      |                       |
| 1030-1100                       | Refreshment Break and Exhibits<br>Refreshments sponsored by <i>Sherwood Medical</i>   | Clackamas Room        |
| 1100-1145                       | <b>The Role of the Registered Dietitian in<br/>the CQI Process</b><br><i>Melinda Martin-Lester, RN, CNN</i><br><i>Qualicenters, Inc.</i><br><i>Lakewood, CO</i> | Sandy-Willamette Room |
| 1145-1230                       | <b>Intraperitoneal Nutrition: Some Case Studies</b><br><i>Cathryn Shuler, MD</i><br><i>Oregon Health Sciences University</i><br><i>Portland, OR</i>             |                       |
| 1230-1330                       | Lunch and Exhibits  | Clackamas Room        |
| 1330-1430<br><i>1:30 - 2:30</i> | <b>Cultural Differences and Health<br/>Care Delivery</b><br><i>Joseph Walter Scott, PhD</i><br><i>University of Washington</i><br><i>Seattle, WA</i>            | Sandy-Willamette Room |



1430 Refreshments (as you move to Sharing Sessions!)

1430-1530 Sharing Sessions (attend one)

~~2:30~~-3:30 **1) Justifying Medical Nutrition Therapy in Renal Nutrition** Summit Room

*Melinda Martin-Lester, RN, CNN and*

*Jessie Pavlinac, MS, RD, LD*

*Oregon Health Sciences University*

*Portland, OR*

**2) Sharing Foreign Language Materials and Counseling Expertise** Willamette Room

*Joseph Walter Scott, PhD*

**3) Nutrition Strategies for Pre-dialysis Patients: Back to Class!** Sandy Room

*Katy Wilkens, RD*

*Northwest Kidney Centers*

*Seattle, WA*

1530 Adjournment Sandy-Willamette Room

~~3:30~~



**NORTHWEST RENAL DIETITIANS  
1995 SPRING MEETING**

**Exhibitors/Sponsors**

**Exhibitors**

Braintree Labs

Rita Terese  
Braintree Laboratories  
60 Columbian Street  
Braintree, MA 02184  
800-874-6756

Bristol-Meyers Squibb

Julie Howard  
8002 NE Hwy 99 #266  
Vancouver, WA 98665  
206-574-0044

Central Pharmaceuticals

Michael Songer  
4701 NE 72nd Ave #F86  
Vancouver, WA 98661  
800-457-9856

Mead Johnson  
Nutritionals

Kendra Schreiner, RN  
20685 SW Deline  
Aloha, OR 97007  
503-642-2219

sigma-tau Pharmaceuticals

Allison Baxter, Tom Joines  
200 Orchard Ridge Drive  
Gaithersburg, MD 20878  
800-447-0169

**Exhibitors/Sponsors**

Abbott Renal Care

Mark O'Brien, RN, CNN  
7536 146th Ave., NE  
Redmond, WA 98052  
206-883-2062

**Sponsoring....**

Linda McCann, RD



## Exhibitors/Sponsors

Amgen

David Bushnell  
4880 SW Navajo Ct.  
Tualatin, OR 97062  
503-692-3811  
VM 800-232-9997, x5859#

## Sponsoring....

John Newmann, PhD  
Monday Lunch

NMC Homecare

Betty Parry Fisher, MS, RD  
1331 118th Ave  
SE Suite 100  
Bellevue, WA 98005  
800-446-1374

Cathryn Shuler, MD

Ross Products Division  
Abbott Laboratories

Peggy Lawson, RD  
4213 Albert Circle  
Lake Oswego, OR 97035  
503-968-1019

Judith Beto, PhD, RD

## Sponsors

Qualicenters

Melinda Martin-Lester,  
RN, CNN

## Sponsoring....

herself!

R&D Laboratories, Inc.

Rhoda Makoff, PhD  
4094 Glencoe Ave.  
Marina del Rey, CA 90292  
800-338-9066

Monday breakfast

Sherwood Medical

Randy Bailey  
11223 SW McKenzie Ct, East  
Wilsonville, OR 97070  
800-325-7472

Tuesday Break



**NORTHWEST RENAL DIETITIANS  
1995 SPRING MEETING COMMITTEES**

COMMITTEES

MEMBERS

**Co-Chairpersons**

Nancy Frazier  
Maureen McCarthy

**Program Development**

Lori Fedje  
Nancy Frazier  
Teresa Jones

Maureen McCarthy  
Linda Phelan

**Meeting Site**

Nancy Frazier

**A/V Equipment**

Mei-Shan Wang  
Sophie Sparling

**Registration**

Jessie Pavlinac  
Madelyn Koontz

**Brochure**

Nancy Frazier  
Maureen McCarthy

**Catering**

Nancy Frazier  
Sally Fleming

**Finances**

Sophie Sparling

**Exhibitors/  
Fundraising**

Nancy Frazier  
Maureen McCarthy

JoAnne Paxton

**Hospitality (local  
events)**

Lois Edelstein  
Mei-Shan Wang

**Continuing Education,  
Evaluations**

Maureen McCarthy

**Steering Committee  
Preparations**

Denise Asbell  
JoAnne Paxton

Donna Wagnild



## SCHEDULE

### Monday March 4

0730-0750	Registration
0750-0800	Welcome
0800-0930	Living in the Great Northwest, a disaster waiting to happen! Stan Staniforth
0930-1015	Break and Exhibits
1015-1145	How you can be ready for anything at home and work! Stan Staniforth
1145-1300	Lunch
1300-1530	Planning for Disasters in the Dialysis unit. The Dietitians role. Regina Phelps, RN, BSN
1530-1600	Break
1600-1630	Developing a Facility Wide plan for Emergency Preparedness. Pam Rynearson
1630-1700	The Emergency Diet. A Crucial Tool for saving patients lives. Katy Wilkens, MS, RD

### Tuesday March 5

0800-0830	Exhibits and breakfast
0830-0930	PTH assays Burt Toivila PhD
0930-1000	Exhibits and break
1000-1100	Atherosclerosis in ESRD Kaj Johansen MD, PhD
1100-1200	Results of the Network Height/Weight Study. Robin Schneider MS, RD
1200-1300	Lunch
1300-1500	Sharing Sessions
	Enteral Feeding for Renal Patients Joan Brookhyser RD
	Computer applications in Renal Dietetics Michelle Yorsh Medrano MS, RD
	Pathology of Renal Disease Mike Hobbs
	Rehab Study at Northwest Kidney Ctr Sally Fitts PhD, RN

Thanks to following companies for their support:  
Abbott Laboratories, Amgen, NMC

CEUs have been applied for.

## FACULTY

Joan Brookhyser, RD  
Renal Dietitian, St. Joseph Hospital and Health Care Center, Tacoma WA

Sally Fitts, PhD, RN  
Coordinator on Study for Rehabilitation in ESRD patients, Seattle WA

Mike Hobbs  
Clinical Autopsy Coordinator, Harborview Seattle WA

Kaj Johansen, MD, PhD  
Director, Office of Surgical Education  
Providence Medical Center University of Washington School of Medicine, Seattle, WA

Regina Phelps BSN, RN  
Founder of Health Plus, San Francisco CA

Pam Rynearson  
Office Services Manager for Northwest Kidney Center, Seattle WA

Robin Schneider, MS, RD  
Clinical Dietitian, Skagit Valley Hospital, Mt Vernon, WA

Stan Staniforth  
Certified Instructor for The American Red Cross Seattle WA

Burt Toivila, PhD  
Assistant Professor and Director of Endocrinology University of Washington, Seattle, WA

Katy Wilkens, MS, RD  
Director of Nutritional Services, Northwest Kidney Center, Seattle, WA

Michelle Yorsh Medrano, MPH, RD  
Renal Dietitian, Northwest Kidney Center Seattle, WA



# Northwest

RENAL DIETITIONS

&

## Association of Nephrology Dietitians (and)

# Annual Meetings

## March 2 & 3, 1998

St. Paul's Hospital  
1081 Burrard Street  
Vancouver, British Columbia  
Canada V6Z 1Y6

Phase II Level 1 Conference Centre

### Conference Hotel:

#### Century Plaza Hotel

1015 Burrard Street

Vancouver, B.C.

V6Z 1Y5

Tel: (604) 687-0575

Fax: (604) 682-5790

Reservations: 1-800-663-1818

### Rates:

Single/Double/Twin \$80.00 CDN + tax

Triple (2 beds) \$100.00 CDN + tax

Quad (2 beds) \$120.00 CDN + tax

\* Conference rooms must be booked by  
February 1, 1998. Mention NWRD when  
booking.

### Parking Available at:

St. Paul's Hospital - enter off Burrard St.

Century Plaza Hotel - enter off Comox St.

### Airport Shuttle:

"The Airporter" runs approximately every  
half hour and goes directly to the Century  
Plaza Hotel. Cost \$9.50 CDN.

Registration Form: Northwest Renal Dietitians and Association of Nephrology Dietitians Annual Meetings March 2-3, 1998

Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

City: \_\_\_\_\_ State/Prov: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

### Registration Fee: (✓ check one)

Both Days \$70 US/\$100 CDN

Monday only \$45 US/\$64 CDN

Tuesday only \$45 US/\$64 CDN

Students: Both days \$40 US/\$57 CDN

Monday Evening - Dinner Social at Dynasty Restaurant  Yes  No \$14.00 US/\$20.00 CDN, Prepayment Required \$\_\_\_\_\_ Enclosed

Join us for a Chinese Banquet with: seafood, poultry, meat & vegetarian dishes, soup, dessert and tea included.

Make cheques payable to: "Renal Practice Group"

Mail Registration to: Lai Lin Harvalas, RDN

2940 Delahaye Drive

Coquitlam, British Columbia

Canada V3B 7E8

### Sharing Sessions: Circle Internet ONLY or 2 choices

1400-1500 1 (Internet) or

1400-1430 2 3 4 5 6 7 8 9

1430-1500 2 3 4 5 6 7 8 9

Poster session:  Yes, I will present a poster.

Registration Deadline: February 14, 1998

Questions???

Call Alice Anderson (604) 875-2345, Local 7517

or Naomi Taylor (604) 875-4111, Local 61255



## Monday, March 2, 1998

- 0715-0745 Registration and Continental Breakfast
- 0745-0800 Welcome
- 0800-0845 "Current Status of DOQI & the Nutrition Committee"  
**Joel Kopple, MD**  
sponsor: Ross Products Division of Abbott Lab Ltd.
- 0845-0930 "Anemia, Treatment Based on Evidence"  
**Adeera Levin, MD**  
sponsor: Janssen-Ortho Inc.
- 0930-1015 Break and Exhibits
- 1015-1100 "Nutrition Targets for Renal Replacement Therapy"  
**Joel Kopple, MD**  
sponsor: Ross Products Division of Abbott Lab Ltd.
- 1100-1145 "New Treatments for Renal Bone Disease"  
**Jill Lindberg, MD**  
sponsor: Abbott Lab Ltd.
- 1145-1315 Lunch and Exhibits (NWRD Steering Committee Meeting)
- 1315-1345 "Disciplining Patients; Our Commitment to Compliance"  
**Janice McCormick, RN, PHD**
- 1345-1415 "Ethical Decision Making in Nephrology; Difference in Beliefs and Values"  
**Rosalie Starzomski, RN, PHD**
- 1415-1445 "Exercise for Renal Patients"  
**Susan Neufeld, B.Sc., Physiotherapist**
- 1445- Snacks "to go" followed by the and Meeting
- 1830 Dinner Social, see Registration Form

## Tuesday, March 3, 1998

- 0715-0745 Registration and Continental Breakfast
- 0745-0800 Welcome
- 0800-0845 "What's New in Carnitine Use"  
**Patricia Lyons, MD**  
sponsor: Sigma Tau Pharmaceuticals, Inc.
- 0845-0945 "PD Adequest"  
**Kimberley Thomas, RD**  
sponsor: Baxter Corporation
- 0945-1015 Break and Poster Session
- 1015-1045 "Herbal Products and the Renal Patient"  
**Lori Fortier, RDN**
- 1045-1145 "Vegetarian Diets and Chronic Renal Failure"  
**Chaya Patel, RD**  
partial sponsor: R&D Laboratories
- 1145-1315 Lunch followed by the NWRD Meeting
- 1315-1400 "Internet for the Renal Dietitian"  
**Maureen McCarthy, RD**  
partial sponsors: R&D Laboratories, cybernius Medical Ltd.
- 1400-1500 Sharing Breakout Sessions: (Choose 2 except for session #1)
1. Internet for Dietitians, "Getting Started" (1hour) Limited Enrollment
  2. Biostat: Problem Solving
  3. Vegetarian Diets
  4. PD Adequest: Problem Solving
  5. Pediatrics
  6. Hemodialysis
  7. Peritoneal Dialysis
  8. Diet Post Renal Transplant
  9. Acute Renal Failure

(CEU'S have been applied for)

## FACULTY

- Lori Fortier, RDN**  
Transplant Dietitian  
Vancouver General Hospital
- Joel Kopple, MD**  
Professor of Medicine and Public Health  
Chief, Division of Nephrology and Hypertension  
Harbor UCLA Medical Center  
UCLA School of Medicine
- Adeera Levin, MD**  
Clinical Associate Professor  
UBC Faculty of Medicine  
Nephrologist  
St. Paul's Hospital
- Jill Lindberg, MD**  
Director, Hemodialysis Unit  
Ochsner Clinic, New Orleans, LA  
Co-Director, Metabolic Bone Clinic  
Ochsner Clinic, New Orleans, LA
- Patricia Lyons, MD**  
Professor of Medicine  
Allegheny University Hospital  
Hahnemann Division  
Philadelphia, Pennsylvania
- Maureen McCarthy, RD**  
Dietitian  
Oregon Health Sciences University Hospital  
(OHSU)
- Janice McCormick, RN, PHD**  
Clinical Instructor  
School of Nursing  
University of British Columbia
- Susan Neufeld, B.Sc.,**  
Physiotherapist  
St. Paul's Hospital
- Chaya Patel, MA, RD**  
Total Renal Care Dialysis Centre  
San Leandro, Ca
- Rosalie Starzomski, RN, PHD**  
Assistant Professor  
University of Victoria  
School of Nursing  
Ethics Consultant  
Vancouver General Hospital
- Kimberley Thomas, RD RN**  
Baxter Corporation



## Thursday March 4, 1999

- 7:45-8:15 Registration and Continental Breakfast
- 8:15-8:30 Welcome
- 8:30-9:30 Metabolic Acidosis: Implications for the Dialysis Patient.  
*James Bailey, MD*
- 9:30-10:30 New Approaches to Bone Disease in Renal Patients.  
*Francisco Llach, MD, FACP*  
**Sponsored by Abbott Laboratories**
- 10:30-11:30 Break and Exhibits  
**Sponsored by Meat Johnson Nutritionals**
- 11:30-12:30 A Review of Vitamin Supplementation in Renal Failure Patients: Focus on Folic Acid, B6, and Homocysteine.  
*Rhoda Makoff, PhD*  
**Sponsored by R&D Laboratories**
- 12:30-1:30 Lunch
- 1:30-2:30 The Role of Iron in Optimizing Hematocrit in Dialysis Patients: What will be the Future of EPO?  
*Joseph Eschbach, MD*  
**Sponsored by Amgen**
- 2:30-3:00 Break and Exhibits
- 3:00-4:00 Appetite Regulation in Chronic Renal Failure.  
*Jonas Bergström, MD, PhD*  
**Sponsored by Baxter Novum**
- 4:00-5:00 Laboratory Interpretation in Renal Patients.  
*James Zazra, PhD*  
**Sponsored by Fresenius Medical Care/ NMC Homecare**

## Evening Entertainment

6:30 Dinner and Social Night in Edmonds

## Friday March 5, 1999

- 7:30-8:00 Registration and Continental Breakfast
- 8:00-9:00 Soyfoods, Soybean Phytoestrogens (Isoflavones) and Bone Health.  
*Mark Messina, PhD, MS, CNS*  
**Sponsored by Worthington Foods**
- 9:00-10:00 Lipid Management: Chronic Renal Failure Through Transplantation.  
*Joni Pagenkemper, MS, MA, RD*  
**Sponsored by Sigma Tau Pharmaceuticals, Inc.**
- 10:00-11:00 Break and Exhibits
- 11:00-12:00 Leptin and the Anorexia of Renal Failure.  
*D. Scott Weigle, MD*
- 12:00-1:00 Business Meeting/Lunch
- 1:00-2:00 Strengthening Nutritional Diagnostic Reasoning with Use of Nutritional Diagnostic Codes and Nutrition Physical Exam.  
*Mary Pat Kelly, MS, RD*  
**Sponsored by Genzyme Therapeutics**
- 2:00-2:30 Renal Rehabilitation in Networks 15 and 16: What are the RD's Up To?  
*Maureen McCarthy, MPH, RD, CSR, LD*
- 2:30-3:30 Breakout Sessions  
(choose one session)
1. Vegetarian Nutrition and Renal Disease: A Practical Approach - *Joni Pagenkemper, MS, MA, RD*
  2. Dietary Treatment and Prevention of Hyperphosphatemia in Renal Failure - *Marianne Vennegoor, SRD*  
**Sponsored by Braintree Laboratories**
  3. Application of Nutritional Diagnostic Codes and the Nutrition Physical Exam: A Case Study Approach - *Mary Pat Kelly, MS, RD*
- 3:30 Evaluations and Adjourn



## **Speakers**

**James L. Bailey, MD**  
Associate Professor of Medicine  
Emory University School of Medicine  
Atlanta, GA.

**Jonas Bergström, MD, PhD**  
Professor Emeritus  
Divisions of Renal Medicine and Baxter Novum  
Karolinska Institutet  
Stockholm Sweden

**Joseph Eschbach, MD**  
Clinical Professor of Medicine  
University of Washington.  
Nephrologist; Minor and James  
Seattle, WA.

**Mary Pat Kelly, MS, RD**  
Renal Nutrition Specialist  
University of California Renal Center  
San Francisco, CA.

**Francisco Llach, MD, FACP**  
Chief of Nephrology  
Newark Beth Israel Medical Center,  
Professor of Medicine, University of Medicine and  
Dentistry of New Jersey  
Newark, NJ.

**Rhoda Makoff, PhD**  
President and CEO  
R&D Laboratories, Inc.  
Marina del Rey, CA.

**Maureen McCarthy, MPH, RD, CSR, LD**  
Clinical Coordinator, OHSU/VAMC Dietetic  
Internship.  
Renal Dietitian, Pacific Northwest Renal Services.  
Portland, OR.

**Mark Messina, PhD, MS, CNS**  
Nutritional Consultant.  
Adjunct Associate Professor, Department of Nutrition,  
Loma Linda University.  
Port Townsend, WA.

**Joni J. Pagenkemper, MS, MA, RD**  
Assistant Professor, Department of Nutrition and  
Dietetics.  
School of Allied Health Professions  
Loma Linda University  
Loma Linda, CA.

**Marianne Vennegoor, SRD**  
Renal Dietitian  
Guy's and St. Thomas' Hospital Trust  
London, UK.

**D. Scott Weigle, MD**  
Associate Professor, Department of Medicine  
Division of Endocrinology  
University of Washington, Harborview Medical Center  
Director, Endocrinology and Diabetes Clinic,  
Harborview Medical Center  
Seattle, WA.

**James J. Zazra, PhD**  
Manager of Clinical Affairs  
Lifechem Laboratory Services  
Fresenius Medical Care.  
Rockleigh, NJ.

## **Special Thanks to Committee Members**

Alison Moores - Refreshments and Dinner planning  
Ann Parker - Financial, Exhibits  
Becky Seltman - Refreshments and Dinner planning  
Diana Close - Check-in  
Gail Steiner - Hospitality  
Jenny Lipo - Program Co-Chair  
Joan Brookhyser - Exhibits  
Karin Boyer - Registration/Check-in  
Kathy Schiro Harvey -Business & Steering Committee  
Katy Wilkens-Business & Steering Committee, Exhibits  
Kerri Wiggins - Program Co-Chair  
Michelle Yorsh Medrano - AV equipment

And to Bill Peckham - Brochure Graphics



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# *Northwest*

RENAL DIETITIANS

*Annual Meeting*

*March 6 & 7, 2000*

*Legacy Emanuel Hospital  
Lorenzen Conference Center  
2801 N. Gantenbein  
Portland, OR 97227*

(Continuing Education credits applied for)

**MONDAY, MARCH 6, 2000**

- 8:00-8:30 AM Welcome
- 8:30-10:45 AM DOQI Nutrition Guidelines—  
Let's Get Acquainted  
*Linda Moore, RD, LDN*  
*Marsha Wolfson, MD*
- 10:45-11:45 AM BREAK
- 11:45 AM-  
12:30 PM Renal Research: NESP,  
Calcimimetics, And DOPPS  
*Rob Brenner, MD*
- 12:30-1:30 PM LUNCH (provided)
- 1:30-2:30 PM Clinical Performance  
Measurement And Dialysis  
Care  
*Jonathan Sugarman, MD,*  
*MPH*
- 2:30-3:00 PM BREAK
- 3:00-4:00 PM SIR: What Is It, How Do We  
Treat It?  
*George Kaysen, MD, PhD*
- 4:00-5:00 PM Nutrition Supplement  
Programs: Getting What Our  
Patients Need  
*Cynthia Wommack, RD*  
*Denise Asbell, RD*  
*Lai-Lin Harvalias, BHE, RDN*
- 6:00 PM Dinner social at  
The Shenanigan's on the  
Willamette

**TUESDAY, MARCH 7, 2000**

- 8:00-8:45 AM Renal Osteodystrophy:  
One Practitioner's Perspective  
*Geoffrey A. Block, MD*
- 8:45-9:30 AM Securing Your Job-Applying  
CQI Effectively  
*Joan Brookhyser, RD, CSR*
- 9:30-10:30 AM BREAK
- 10:30-11:30 AM Research Skills: From The  
Library To The Internet  
*Dolores Judkins, MLS*
- 11:30 AM-  
1:00 PM Business Luncheon
- 1:00-2:00 PM Rehabilitation Programs  
around Network 16  
*Nancy Frazier, RD*  
*Katy Wilkens, MS, RD*  
*Troyce Crucchiola*
- 2:00-2:30 PM Research Report: Evaluation  
Of An Incentive Program For  
Fluid And Phosphorus Control  
*Janice Berg, MS, RDN*
- Sharing Sessions
- 2:30-3:00 PM 1. Staffing Guidelines-  
A Canadian Experience
2. ADA-RPG Practice  
Guidelines
3. Professional Development  
Portfolios
4. Developing Practice  
Protocols
- 3:00-3:30 PM 1. Bone Disease
2. ADA-RPG Practice  
Guidelines
3. Professional Development  
Portfolios
4. Developing Practice  
Protocols



## FACULTY

- Denise Asbell, RD  
Renal Dietitian  
Fresenius Medical Care-North America; Portland,  
OR
- Janice Berg, MS, RDN  
Renal Dietitian, St. Paul's Hospital; Vancouver,  
B.C.
- Geoffrey A. Block, MD  
Denver Nephrologists, PC; Denver, CO
- Rob Brenner, MD  
Clinical Research, Amgen, Inc.; Thousand Oaks,  
CA
- Joan Brookhyser, RD, CSR  
Renal Dietitian, St. Joseph Medical Center,  
Nephrology Services; Tacoma, WA
- Troyce Crucchiola  
Community Education Coordinator, National  
Kidney Foundation of Oregon & Washington;  
Portland, OR
- Nancy Frazier, RD  
Renal Dietitian, Providence St. Vincent's Kidney  
Dialysis Center; Portland, OR
- Lai-Lin Harvalias, BHE, RDN  
Renal Dietitian, Royal Columbian Hospital; New  
Westminster, B.C.
- Dolores Judkins, MLS  
Reference Librarian  
Oregon Health Sciences University; Portland, OR
- George Kaysen, MD, PhD  
Professor of Medicine, UC Davis, CA  
Chief, Division of Nephrology, Associate Chief of  
Staff for Research & Development, Department of  
Veteran's Affairs, Northern California System of  
Clinics
- Linda Moore, RD, LDN  
Director, Scientific Publications  
Saugstat Medical Corporation; Memphis, TN
- Jonathan Sugarman, MD, MPH  
Corporate Medical Director, PRO-West; Seattle,  
WA
- Katy Wilkens, MS, RD  
Manager Nutrition Services, Northwest Kidney  
Center; Seattle, WA
- Marsha Wolfson, MD  
Medical Director, Renal Division, Baxter  
Healthcare Corp; McGaw Park, IL
- Cynthia Wommack, RD  
Renal Nutrition Coordinator  
Affiliated Hospitals Dialysis Centers; St. Louis,  
MO

## SPECIAL THANKS TO COMMITTEE MEMBERS

### Co-Chairs:

Lois Tobin, RD, CSR  
Maureen McCarthy, MPH, RD, CSR

### Other members:

Christine Ells, RD  
Lori Fejde, RD  
Eeva Gray, RD, CDE  
Madelyn Koontz, RD  
Jessie Pavlinac, MS, RD, CSR  
Fern Reyes, MPH, RD  
Sophie Sparling, RD  
Leslie Taylor, RD  
Mei-Shan Wang, MS, RD  
Esther Wong, RD

## Thursday, March 1, 2001

- 7:15-8:00 Registration and Breakfast
- 8:00-8:15 Welcome
- 8:15-9:15 A Framework for Ethical Issues in Dialysis Care.  
*Kelly A. Edwards, Ph.D.*
- 9:15-10:15 Bisphosphonates in ESRD.  
*Donald J. Sherrard, MD*
- 10:15-11:00 Break and Exhibits
- 11:00-12:00 The Effects of Volume Overload.  
*Anne J. Glennie, RN, CNN*
- 12:00-1:00 Lunch
- 1:00-2:00 New Therapies in Wound Healing.  
*Kimmer Collison-Ris, RN, BSN, CWOCN*
- 2:00-2:45 Break and Exhibits
- 2:45-4:45 The Practical Application of SGA into Nutrition Assessment.  
*Lori Fedje, RD, LD*
- 4:45-5:45 Sharing Sessions - Pick One
1. Recommendations and Literature for Pre-ESRD Patients.  
*Ruth Diamond, RD*
  2. Rehab Ups and Downs: Keeping a Program Going.  
*Maureen McCarthy, MPH, RD, CSR*
  3. Staffing and Patient Care: What is the Relationship?  
*Louise W. Peck, Ph.D., RD*

## Thursday Evening Entertainment

Reservations are being made at 3 local restaurants.  
People can choose where they would like to dine. (information will be available later)  
People are responsible for handling their own bill.

## Friday, March 2, 2001

- 7:30-8:00 Registration and Breakfast
- 8:00-9:00 Renal Transplantation: The Essentials.  
*S. Smiley Thakur, MD, FRCPC*
- Tenderizing the Tough Issues.  
*Mary Lou Pederson, RN, MA*
- 10:00-10:45 Break and Exhibits
- 10:45-11:45 Communicating Successfully in the Renal Dietitian's Role.  
*Donald H. Wulff, Ph.D.*
- Lunch and Business Meeting
- 1:00-2:00 The Diabetic Gut.  
*Michael D. Saunders, MD*
- 2:00-3:00 Stress Management for those Managing Chronic Disease Patients.  
*Gary Poole, Ph.D.*
- 3:00-4:00 Twenty-Five Pounds of Sugar and Other Sweet Endings.  
*Vicki Bailey, MS*
- 4:00-5:00 Bringing About Change in Risk Behaviors with Renal Patients.  
*Chris Dunn, Ph.D.*
- 5:00 Evaluations and Adjourn



## Speakers

**Kelly A. Edwards, Ph.D.**

Project Coordinator  
Bioethics Education Project  
University of Washington School of Medicine  
Seattle, WA

**Michael D. Saunders, MD**

Clinical Assistant Professor of Medicine  
Division of Gastroenterology  
University of Washington Medical Center  
Seattle, WA

\* This speaker is sponsored by Fresenius  
Medical Care.

**Anne J. Glennie, RN, CNN**

Clinical Nurse Specialist  
InLine Diagnostics  
Kaysville, UT

\* This speaker is sponsored by InLine  
Diagnostics.

**Kimmer Collison-Ris, RN, BSN, CWOCN**

Clinic Director  
Wound Ostomy Continence Services Clinic  
Edmonds, WA

**Lori Fedje, RD, LD**

Clinical Manager  
Pacific Northwest Renal Services, RCG  
Portland, OR

**Ruth Diamond, RD**

Renal Dietitian  
Puget Sound Kidney Centers  
Everett, WA

**Maureen McCarthy, MPH, RD, CSR**

Pacific Northwest Renal Services  
Wilsonville, OR

**Louise Peck, Ph.D., RD**

Assistant Professor  
Program Director, Coordinated Program in  
Dietetics  
Department of Food Science and Human  
Nutrition  
Washington State University  
Pullman, WA

**S. Smiley Thakur, MD, FRCPC**

Nephrologist  
Seattle, WA

**Mary Lou Pederson, RN, MA**

Patient Services Coordinator  
Northwest Renal Network  
Seattle, WA

**Donald Wulff, Ph.D.**

Interim Assistant Dean and Interim Director  
Center for Instructional Development and  
Research  
University of Washington  
Seattle, WA

**Donald J. Sherrard, MD**

Chief, Nephrology Division  
VA Medical Center  
Seattle, WA

**Gary Poole, Ph.D.**

Senior Instructor  
Health Care and Epidemiology  
University of British Columbia  
Vancouver, BC

**Vicki Bailey, MS**

Chaplin  
Sacramento, CA

**Chris Dunn, Ph.D.**

Acting Instructor, Psychologist  
Dept of Psychiatry and Behavioral Sciences  
University of Washington  
Seattle, WA



# Northwest Renal Dietitians Meeting

## Conference Hotel

Vancouver Airport Marriott  
7571 Westminister Highway  
Richmond, BC, Canada V6X 1A3

Phone: 604-276-2112

Toll Free: 1-877-323-8888

Fax: 604-232-2817

Rates: \$115.00 (CDN) per night, plus tax  
single or double occupancy

## Deadline For Reservations February 8 , 2002

**Parking:** Registered guests receive discounted parking for \$2.00 per day

**Directions:** From I-5 and Highway 99 take Exit 36 (left turn onto New Westminister Highway - West). This goes into Richmond; continue past No. 3 Road; the Vancouver Airport Marriott is easily seen on your right.  
The Airport Shuttle is available to and from the Vancouver Airport Marriott. It leaves Vancouver International Airport every 10-15 minutes.



# Northwest Renal Dietitians Meeting

Thursday, February 28, 2002

- 7:30 – 8:30            **Registration and Breakfast**
- 8:30 – 8:40            Welcome
- 8:40 – 9:30            Protecting the Kidneys.. ACEs and ARAs  
*Adeera Levin, MD*
- 9:30 – 10:10          The Role of Fluid Balance in Cardiovascular Health  
*Marlyce Friesen, MD*
- 10:10 – 11:00        **Break and Exhibits**
- 11:00 – 12:00        The Importance of Diet and Homocysteine in Renal Vascular Disease  
*J.David Spence, MD*
- 12:00 – 1:00          **Lunch and Exhibits**  
Steering Committee Meeting
- 1:00 – 1:45            Improving Phosphorus Management in ESRD  
*Karla Giles, RD*
- 1:45 – 2:15            IDPN – An Assessment of Outcomes  
*Karen Shalansky, Pharm.D*
- 2:15 – 2:45            **Break and Exhibit**
- 2:45 – 3:15            PD Solutions: Past, Present and Future  
*Elizabeth Hodge, Marketing Manager*
- 3:15 – 4:00            Management of Post Transplant Hyperlipidemia  
*Frances Johnson, RDN*

Thursday, February 28, 2002

## Evening Entertainment

We hope you will join us for a Traditional Chinese Banquet at one of  
BC's most popular dining spots the Kirin Restaurant

6:30 pm - Prepayment required



## Friday, March 1, 2002

7:30 – 8:30	<b>Breakfast</b>
8:30 – 9:10	Quotidian Dialysis <i>Michael Copland, MD</i>
9:10 – 10:10	The DOQI Guidelines; The Dietitians Role <i>Linda McCann, RD</i>
10:10 – 10:30	<b>Break and Exhibits</b>
10:30 – 11:10	But I Can't Hear Him Whistle (challenges in multicultural education) <i>Pady Dunn, RN</i>
11:10 – 12:30	How to Talk So Patients Will Listen How to Listen So Patients Will Talk Part 1 <i>Helene Meloche, BA</i>
12:30 – 1:30	<b>Lunch and Business Meeting</b>
1:30 – 3:00	Part 2 ( see above) <i>Helene Meloche</i>
3:00 – 3:15	<b>Break</b>
3:15 – 4:15	How To Have A Winning Attitude <i>Helene Meloche</i>
4:15	Evaluation and Adjournment



**Northwest Renal Dietitians Meeting**  
**Thursday, February 28, 2002**

- 7:30 – 8:30**                      **Registration and Breakfast**
- 8:30 - 8:40                      Welcome
- 8:40 – 9:30                      Protecting the Kidneys.. ACEs and ARAs  
**Adeera Levin, MD.**  
*Sponsored by Ortho Biotech*
- 9:30 –10:10                      The Role of Fluid Balance in Cardiovascular Health  
**Marlyce Friesen, MD**
- 10:10 - 11:00**                      **Break and Exhibits**
- 11:00 – 12:00                      The Importance of Homocysteine in Renal Disease  
**J. David Spence, MD**  
*Sponsored by Pan American Laboratories*
- 12:00 – 1:00**                      **Lunch and Exhibits**  
Steering Committee Meeting
- 1:00 – 1:45                      Improving Phosphorus Management in ESRD  
**Karla Giles, RD**  
*Sponsored by Genzyme Corporation*
- 1:45 – 2:15                      IDPN – An Assessment of Outcomes  
**Karen Shalansky, Pharm.D**
- 2:15 – 2:45**                      **Break and Exhibit**
- 2:45 – 3:15                      PD Solutions: Past, Present and Future  
**Elizabeth Hodge, Sr. Marketing Manager**  
*Sponsored by Baxter Corporation*
- 3:15- 4:00                      Management of Post Transplant Hyperlipidemia  
**Frances Johnson, RDN**



**Northwest Renal Dietitians Meeting  
Friday, March 1, 2002**

<b>7:30 – 8:30</b>	<b>Breakfast</b>
8:30 – 9:10	Quotidian Dialysis Michael Copland, MD
9:10 – 10:10	The DOQI Guidelines: The Dietitians Role Linda McCann, RD, CSR <i>Sponsored by Sigma Tau Pharmaceuticals Ltd.</i>
<b>10:10 – 10:30</b>	<b>Break and Exhibits</b>
10:30 -11:10	But I Can't Hear Him Whistle Pady Dunn, RN, CNephC
11:10 -12:30	How to Talk So Patients Will Listen How to Listen So Patients Will Talk Part 1 Helene Meloche, BA <i>Sponsored by Mead Johnson Nutritionals</i>
<b>12:30 -1:30</b>	<b>Lunch and Business Meeting</b>
1:30 – 3:00	Part 2 ( see above) Helene Meloche, BA
<b>3:00 –3:15</b>	<b>Break</b>
3:15 – 4:15	How To Have A Winning Attitude Helene Meloche, BA
4:15	Evaluation and Adjournment



## Speakers

Adeera Levin, MD  
Clinical Associate Professor  
UBC Faculty of Medicine  
Nephrologist  
St. Paul's Hospital  
Vancouver, BC

Marlyce Friesen, MD  
Internist, Nephrology and Cardiology  
Mgr. Heart Health Program  
Royal Columbia Hospital.  
New Westminster, BC

J. David Spence, MD  
Professor of Neurology, Internal  
Medicine and Pharmacology  
U of Western Ontario  
London, Ontario

Karla Giles, RD, LD  
Washington Univ. School Of  
Medicine  
Chromalloy American Kidney Center  
St. Louis, Missouri

Karen Shalansky, Pharm.D  
Pharmacotherapeutic  
Specialist/Nephrology  
Vancouver General Hospital,  
Vancouver, BC

Elizabeth Hodge,  
Sr. Marketing Manager  
Baxter Corporation  
Mississauga, Ontario

Frances Johnson, RD  
Mgr. Clinical Nutrition Services  
St. Paul's Hospital  
Vancouver, BC

Michael Copland, MD  
Nephrologist  
Vancouver General Hospital  
Vancouver, BC

Linda McCann, RD, CSR, LD  
Satellite HealthCare  
Redwood City, California

Pady Dunn, RN, CNephC  
Clinical Educator/Renal Program  
Simon Fraser Health Region  
New Westminster, BC

Helene Meloche, BA  
Mead Johnson Nutritionals  
Montreal, Quebec



## 2003 NWRD MEETING VENDORS

Abbott Renal Care  
Megan Hessel  
12120 SW 33<sup>rd</sup> Ave.  
Portland, Ore 97219  
1-503-244-6325  
1-503-245-6378 (fax)  
[mehessel@ipinc.net](mailto:mehessel@ipinc.net)

American Regent  
Pauline McConlogue  
Sandi Rosell, RN  
One Luitpold Drive  
Shirley, NY 11967  
1-800-645-1706  
1-631-924-4000 (146) (fax)  
[meetingcoord1@aol.com](mailto:meetingcoord1@aol.com)

Amgen  
Deborah Haslip  
3188 Quiet River Lane  
Bend, Oregon 97791

Bone Care International  
Betty Parry Fisher, MS, RD  
8610 Eastview Avenue  
Everett, Wash 98208  
1-425-357-9628  
1-425-337-5961(fax)  
[bfisher@bonecare.com](mailto:bfisher@bonecare.com)

Braintree Laboratories, Inc  
Katie McCarthy  
Mike Myers (attending)  
PO Box 850929  
60 Columbian St. West  
Braintree, Ma 02185  
1-781-843-2202  
1-781-843-7932 (fax)  
[kmccarthy@braintree.com](mailto:kmccarthy@braintree.com)

Choice Medical Supplies  
Lana Peth  
2202 E. Burnside  
Portland, Oregon 97214  
1-503-715-5051  
1-503-235-0290 (fax)  
[lanap@choice-med.com](mailto:lanap@choice-med.com)

Cold Fusion Foods  
Michelle Carmel  
3731 S. Robertson Blvd.  
Culver City, Ca 90232  
1-206-972-9712  
1-310-287-3242 (fax)  
[michelle@coldfusionfoods.com](mailto:michelle@coldfusionfoods.com)

Colorado Biolabs, Inc  
Gary Moore  
404 M Street  
PO Box 125  
Cozad, NE 69130  
1-888-442-0067  
1-308-784-4248 (fax)  
[gmm@coloradobiolabs.com](mailto:gmm@coloradobiolabs.com)  
cell: 303-332-9227  
office: 308-784-2444

Gambro Healthcare Lab. Serv.  
Monique Monteiro  
3951 SW 30<sup>th</sup> Ave  
Fort Lauderdale, Fl 33312  
1-954-585-1269  
1-954-585-1112 (fax)  
[monique.monteiro@us.gambro.com](mailto:monique.monteiro@us.gambro.com)

Genzyme Therapeutics  
Eileen Palmer  
10530 SW Naeve Street  
Tigard, Ore 97224  
1-503-936-6393  
1-503-968-7571 (fax)  
[eileen.palmer@genzyme.com](mailto:eileen.palmer@genzyme.com)

iKidney.com  
Christine Hoyt  
311 Bonnie Circle  
Corona, Ca 92878  
1-909-493-4515  
1-909-493-5640 (fax)  
[choyt@watsonpharm.com](mailto:choyt@watsonpharm.com)

National Kidney Foundation  
Katy Yen  
1006 SE Grand Ave. #100  
Portland, Or 97214  
1-503-963-5364  
1-503-238-1754 (fax)  
[katvy@kidneyorwa.org](mailto:katvy@kidneyorwa.org)

Nestle Clinical Nutrition  
Melissa Lavin, RD  
4101 Jefferson Parkway  
Lake Oswego, Or 97035  
1-800-286-2889 Ext 1185  
1-503-534-9534 (fax)  
[melissa.lavin@us.nestle.com](mailto:melissa.lavin@us.nestle.com)

PamLab, L.L.C.  
Kylie Vitrano  
Lance Whatley (attending)  
PO Box 8950  
Mandeville, LA 70470  
1-985-893-4097 ext 852  
1-985-893-6195  
[kvitrano@pamlab.com](mailto:kvitrano@pamlab.com)

Ross Products  
Kathy Marlow-Hensel, RD  
14348 117<sup>th</sup> Ave NE  
Kirkland, Wa 98034  
1-800-986-7396  
1-425-821-2330  
[kmhensel@attbi.com](mailto:kmhensel@attbi.com)

Scantibodies Clinical Lab  
Jim Alberson  
760 Vashon PI NE  
Renton, Wa 98059  
1-206-300-0339  
1-425-430-2678 (fax)  
[jimalberson@scantibodies.com](mailto:jimalberson@scantibodies.com)

Sigma Tau Pharmaceuticals  
Jay Humphrey, W.Reg.Mg  
1620 Sandalwood St.  
Costa Mesa, Ca 92626  
1-714-557-4462 (fax & ph)  
[Jay.Humphrey@sigmatau.com](mailto:Jay.Humphrey@sigmatau.com)

Spectra Renal Management  
Dusty Hookey, Sales Mgr  
48818 Kato Rd  
Fremont, Ca 94538  
1-800-433-3773 Ext 3073  
1-510-624-3000 (fax)  
[dusty.hookey@fmc-na.com](mailto:dusty.hookey@fmc-na.com)  
Lilly Bargas, Sales Assoc  
[lilly.bargas@fmc-na.com](mailto:lilly.bargas@fmc-na.com)





Place  
Stamp  
Here

**Holiday Inn – Issaquah**

1801 12<sup>th</sup> Ave NW  
Issaquah, WA 98027  
Tel: 425-392-6421

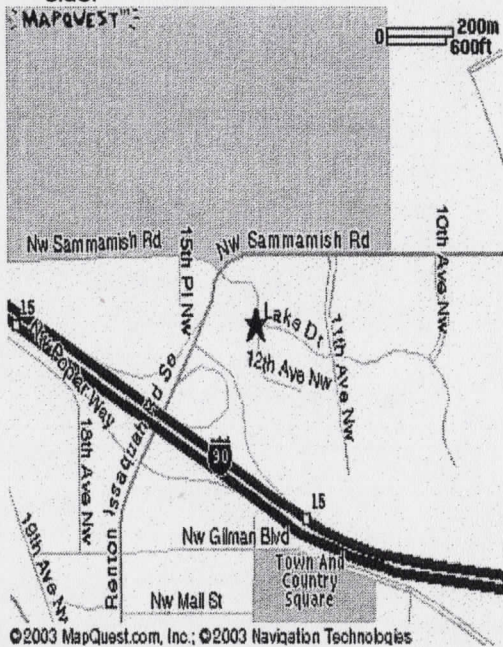
<http://www.ichotelsgroup.com/h/d/HOLI/hd/SEAIQ>

Check-In Time: 02:00 PM  
Check-Out Time: 12:00 PM

**DIRECTIONS:**

From Interstate 90,

- Take **Exit 15** "WA-90 S to Lk. Sammamish State Park / Renton"
- Go Northbound.
- Turn **right** on 12th Ave NW
- The hotel is immediately on your right side.



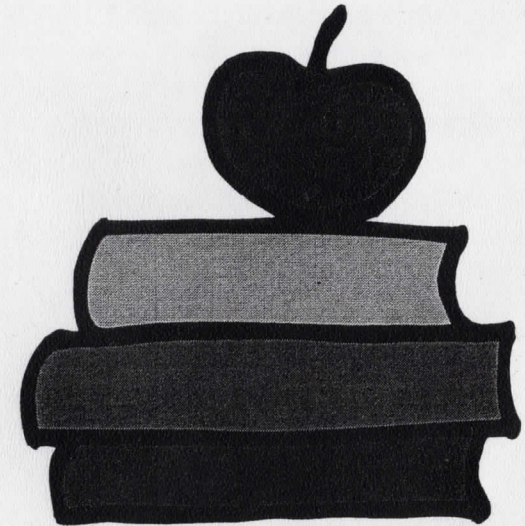
**WSCRN**

NW Kidney Centers  
C/O Beth Shanaman  
700 Broadway  
Seattle, WA 98122



WSCRN *presents...*

*Education Update*



**NWRD**  
*Annual*  
*Nutrition*  
*Conference*  
2004



## Symposium Registration

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

- YES!** I can attend the NWRD Conference FEE = \$70.00
- Please check if you request Vegetarian Meals
- Check if you plan on attending the group dinner on Thursday night

Please make your check payable to:  
"NWRD"

Return this registration form by  
**February 20**

**Late fee of \$20 after that date**

\*\*\*If you bring a poster with samples of education materials that you use in your daily practice, 10% of your fee will be returned to you at the door.

For questions, please contact  
**Beth Shanaman or Lisa Miller at  
206-292-2771 Ext. 2000  
[beth@nwkidney.org](mailto:beth@nwkidney.org) or  
[lisam@nwkidney.org](mailto:lisam@nwkidney.org)**

Lodging arrangements must be made through the Issaquah Holiday Inn directly.

Conference room rates are \$99.00/night plus tax. When making reservations, let the hotel know that you are with the NWRD conference.

Issaquah Holiday Inn reservation line:  
425-392-6421

## Thursday March 4, 2004

7:30-8:15am Registration,  
Continental Breakfast and Welcome

8:15-9:45 **The Patient as Learner in  
a Complex Environment**  
*Doris Dorelian PhD JD RD FADA*

9:45-10:15 Break and Exhibits

10:15-12:15 **The Patient as Learner  
in a Complex Environment-Part 2**  
*Doris Dorelian PhD JD RD FADA*

12:15-1:30 Lunch and Exhibits

1:30-2:00 **Sharing Session 1**  
**How to Write Education Materials**  
*Katy Wilkens MS RD*  
**How to Work with Adolescents**  
*Lori Brizee MS RD*  
**New Nutritionist Sharing Session**  
*Kathy Schiro Harvey MS RD*

2:00-2:30 **Sharing Session 2**  
**End of Life Issues**  
*Pastor John Howell*  
**Grocery Store Tour**  
*Naomi Kakiuchi RD CD*  
**How to Write Education Materials**  
*Katy Wilkens MS RD*

2:30-3:00 Break and Exhibits

3:00-5:00 **The Patient as Learner in  
a Complex Environment-Part 3**  
*Doris Dorelian PhD JD RD FADA*

6pm Dinner at Pogacha Restaurant

## Friday March 5, 2004

7:30-8:00 am Continental breakfast

8:15- 9:15 am **Teaching Fitness**  
*Ila Barlean*  
9:15-10:15 am **A Different  
Approach to Diabetes  
Management**  
*Leslie Merklin BSN RN CDE*

10:15-10:45 am Break and Exhibits

10:45-11:45 am **Expanding Your  
Counseling Skills With Eating  
Disordered Patients**  
*Ann Mesaros RD CDE*

11:45 -1:30 pm Business Meeting  
and Lunch

1:30-2:00 pm **Poster Session**

2:00- 3:30 pm **Cultural Panel**  
**Teaching with an interpreter**  
*Eduardo Ugarte*  
**Educating the Hispanic patient**  
*Olga Fuste MS RD CD*  
**Educating the Asian patient**  
*Naomi Kakiuchi RD CD*

3:30 -3:45 pm Break

3:45 -4:45 pm **Making cooking  
easy and enjoyable  
for our patients**  
*Sue Gaughenbaugh*

12.5 CE Credits applied for  
through ADA



**Thurs. March 3, 2005  
NWRD 2005 Program  
Doubletree Hotel Portland-Lloyd Center**

**All general sessions in the Sellwood/Ross Island/ Morrison Rooms**

7:30-8:00 **Registration/ Exhibits/ Breakfast** Multnomah Room

8:00-9:00 **Malnutrition, Appetite and Inflammatory Response in Dialysis Patients**

Kam Kalantar-Zadeh, MD, PhD, MPH  
Amgen

9:00-10:00 **The Pathophysiology of Anorexia and Cachexia in Uremia**

Robert Mak MD PhD  
Genetech.

10:00-11:00 **Exhibits/ Break** Multnomah Room

11:00-12:00 **Vit D, CVD, and CKD**

Myles Wolf, M.D. MMSc  
Abbott

12:00-1:00 **Lunch/ Sharing Session** Alaska/Idaho Rooms

1:00-1:45 **Vitamin D in CKD Stage 3 and 4; Kaiser Kidney Program Outcomes**

Lois Tobin, RD, CSR, LD & Eeva Gray, RD, CDE

1:45-2:45 **Exhibits/ Break** Multnomah Room

2:45-4:15 **Physical Findings in Nutrient Imbalance: Iron, Zinc, V-C, V-B6, and Niacin Lesion Clusters in ESRD**

Mary Pat Kelly, MS, RD, GNP

4:15 -5:00 **Biotin in the Treatment of Uremic Neurologic Disorders**

Joy Lutz-Mizar, MS, RD

6:30 pm **Dinner: Western Culinary Institute** Address and directions at Registration table. Those taking MAX, meet by registration table at 6 pm



**NWRD 2005 Program  
Friday March 4, 2005  
Doubletree Hotel Portland-Lloyd Center**

**All general sessions in the Sellwood/Ross Island/ Morrison Rooms**

- 7:30-8:00    **Registration/ Breakfast**    Williamette Foyer
- 8:00-9:00    **Diabetes Management in the Dialysis Pt; Insulins and OHA**  
Elizabeth Stephens, MD  
Aventis
- 9:00-10:15    **Making the Pieces Fit: The Puzzle of Food Choices for Renal Patients with Diabetes**  
Deb McGrath, RD, CDE, Providence Hospital, Everett, WA
- 10:15-10:45    **Insulin dosing in P.D, A new approach**  
Sunny Wilks, RN CNN
- 10:45- 11:00    Break Williamette Foyer
- 11:00-12:00    **The Vegetarian Diet in CKD**  
Joan Brookhyser, RD.CSR,CD
- 12:00-1:00    **Lunch/ Business Meeting**    Oregon Room
- 1:00-3:30    **Motivating Behavior Change In Your Patients**  
Douglas Brenneman, MS, CPT.
- Afternoon break sometime during last talk.    Williamette Foyer
- 3:30            **Meeting Adjourned Turn in Evaluations**



**Northwest Renal Dietitians  
2005 Annual Meeting  
Faculty**

**Douglas Brenneman, MS, CPT.**

Organization Performance Consultant  
Kaiser Permanente,  
Portland, OR

**Joan Brookhyser, RD,CSR,CD**

Renal Dietitian  
St. Joseph Medical Center,  
Tacoma WA

**Eeva Gray, RD, CDE**

Renal Dietitians  
Kidney Program, Kaiser Permanente,  
Portland, OR

**Kam Kalantar-Zadeh, MD, PhD, MPH FAAP, FACP, FASN**

Assistant Professor of Medicine and Pediatrics  
Director of Off-Campus Dialysis Expansion Program and Epidemiology  
UCLA David Geffen School of Medicine  
Harbor-UCLA Medical Center,  
Torrance, CA

**Mary Pat Kelly, MS, RD, GNP**

Renal Nutrition Specialist  
Gerontological Nurse Practitioner  
Menlo Park, CA

**Robert Mak MD PhD, Professor of Pediatrics,**

Chief, Division of Pediatric Nephrology,  
Oregon Health and Science University  
Portland, OR

**Deb McGrath, RD, CDE**

Diabetes Educator Providence Hospital,  
Everett, WA

**Joy Lutz-Mizar, MS, RD**

Regional Renal Dietitian  
Fresenius Medical Care,  
Los Angeles, CA

**Elizabeth Stephens, MD, Endocrinologist**

Associate Director, Diabetes Center  
Oregon Health & Science University,  
Portland, Oregon

**Lois Tobin, RD, CSR, LD**

Renal Dietitian  
Kidney Program, Kaiser Permanente  
Portland, OR

**Sunny Wilks, RN CNN**

Past Nurse Manager Peritoneal Dialysis Program  
Fresenius Medical Care,  
Portland, OR

**Myles Wolf, M.D. MMSc**

Massachusetts General Hospital  
Harvard Medical School  
Boston, MA

**Registration Form:**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Fax: \_\_\_\_\_  
Email: \_\_\_\_\_

**Registration Fee:** Check one  
\_\_\_\_\_ Both days \$100 US (\$125 CAD)  
\_\_\_\_\_ Thursday only \$65 US(\$80 CAD) \_\_\_\_\_ Friday only \$65 US (\$80 CAD)

**Thursday Evening Dinner Social at: Cloud 9 Revolving Restaurant**  
Cost is \$25 US (\$30 CAD) per person (includes tax & gratuity). Prepayment is required.  
\_\_\_\_\_ I will attend and have added the cost of the meal to my registration. \_\_\_\_\_ I have other plans.

**Make cheques payable to:** BCDNA Renal Practice Group

**Mail Registration to:** Janice Berg  
c/o Nutrition Services  
St. Paul's Hospital  
1081 Burrard Street  
Vancouver, BC, V6Z 1Y6

Registration deadline is **February 1, 2006**.  
\_\_\_\_\_ **\$20 US (\$25 CAD)** late fee included for  
registrations postmarked after this date.  
Refunds for cancellations cannot be  
guaranteed.

**Arlene Miller, RD**  
Surrey Memorial Hospital Renal Unit  
13750 96<sup>th</sup> Avenue  
Surrey, BC, V3V 1Z2



# Northwest Renal Dietitians Annual Meeting

March 2 & 3, 2006

Empire Landmark  
Hotel & Conference  
Center

Vancouver, BC

Application for  
Continuing Education Credits  
has been submitted.



Thursday March 2, 2006

- 0715 - 0745 Registration/Exhibits/Breakfast
- 0745 - 0800 Welcome
- 0800 - 0900 **Omega-3 Fatty Acids in the Prevention and Management of Cardiovascular Disease**  
*Prof. Bruce J. Holub*
- 0900 - 1000 **Vitamin D Sterols in the Treatment of Secondary Hyperparathyroidism**  
*Dr. Joanna Q. Hudson, PharmD, BCPS*
- 1000 - 1100 Break / Exhibits
- 1100 - 1200 **Dialysis Induced Dyslipidemia: Is There a Problem?**  
*Dr. Suneet Singh, MD, FRCPC*
- 1200 - 1330 Lunch / Exhibits  
NWRD Steering Committee Meeting
- 1330 - 1430 **Management of Hyperparathyroidism in Dialysis Patients**  
*Martina Reslerova, MD, PhD*
- 1430 - 1530 Break / Exhibits
- 1530 - 1700 **An Introduction to "Coaching" for Health Professionals**  
*Zoey Ryan, B.Sc., PCC*

**Evening Dinner Social at 6:30 pm.**  
**Cloud 9 Revolving Restaurant**  
(42<sup>nd</sup> floor of Empire Landmark Hotel)

Enjoy panoramic views of Vancouver and Stanley Park. "Dine Out Vancouver" menu features Pacific Northwest cuisine.  
**\$25 US (\$30 CAD)**

Friday March 3, 2006

- 0730 - 0800 Registration/Breakfast
- 0800 - 0900 **Interaction of Bone and Vascular Disease in CKD-V**  
*Paolo Raggi, MD*
- 0900 - 1000 **Use of the Laboratory in Renal Patients**  
*Dr. John Heathcote, MD, FRCPC*
- 1000 - 1100 Break / Poster Presentations
- 1100 - 1130 **Exercise for CKD and Dialysis Patients: Patient Testimonials**  
*Lisa Venables and Janet Q. Castillo*
- 1130 - 1300 Lunch  
NWRD business meeting
- 1300 - 1500 **Sensations of Tasting and Smelling**  
*Sarah Washburn, MS, RD and Barbara Fromm, MS, RD*
- 1500 - 1515 Break
- 1515 - 1615 **How to Help Kidney Patients Live Long and Live Well: Lessons from Life Options**  
*Dori Schatell, MS*
- 1615 - 1630 Wrap-Up / Evaluations / Raffle

**\*\*POSTER PRESENTATIONS\*\***

Please submit your ideas, titles and/or abstracts by January 31/06 to Arlene Miller at:

[arlene.miller@fraserhealth.ca](mailto:arlene.miller@fraserhealth.ca)

Or by fax to: (604) 585-5924

Conference Hotel

Empire Landmark Hotel and  
Conference Center  
Vancouver, British Columbia

1400 Robson Street  
Vancouver, BC V6G 1B9

Reservations: 1-800-830-6144  
Phone: (604) 687-0511  
Fax: (604) 687-7267

Ask for "NWRD rate" when  
booking room.

[www.empirelandmarkhotel.com](http://www.empirelandmarkhotel.com)

Standard rate per night:  
Single or Double \$89 CAD  
(plus 7% GST and 10% PST)

Cots available for \$20

**Hotel rooms must be  
reserved by  
February 1, 2006**



**Annual Northwest Renal Dietitians Meeting  
Empire Landmark Hotel and Conference Centre  
Vancouver, British Columbia**

**Program**

**Thursday March 2<sup>nd</sup>, 2006**

- |               |   |
|---------------|---|
| 0715 – 0745   | Registration and Breakfast<br><i>Breakfast sponsored by Abbott Renal Care</i>   |
| 0745 – 0800   | Welcome   |
| 0800 – 0900   | <b>Omega-3 Fatty Acids in the Prevention and Management of Cardiovascular Disease</b><br>Prof. Bruce J. Holub<br><i>Sponsored by BC Provincial Renal Agency – Fraser Health Renal Program</i> |
| 0900 – 1000   | <b>Differential Function of Vitamin D Sterols in the Treatment of Secondary Hyperparathyroidism</b><br>Dr. Joanna Q. Hudson, Pharm. D., BCPS<br><i>Sponsored by Abbott Renal Care</i>         |
| 1000 – 1100   | Break and Exhibits  |
| 1100 – 1200   | <b>Dialysis Induced Dyslipidemia: Is There a Problem?</b><br>Dr. Suneet Singh, MD, FRCPC  |
| 1200 – 1330   | Lunch and Exhibits<br>NWRD steering committee meeting<br><i>Lunch Sponsored by Genzyme Canada</i>   |
| 1 1330 – 1430 | <b>Management of Hyperparathyroidism in Dialysis Patients</b><br>Martina Reslerova, MD, PhD<br><i>Sponsored by Amgen</i>  |
| 2 1430 – 1530 | Break and Exhibits  |
| 3 1530 – 1700 | <b>An Introduction to “Coaching” for Health Professionals</b><br>Zoey Ryan, B.Sc., PCC  |
| 10 1830       | Optional networking dinner at Cloud 9 revolving restaurant<br>(located on the 42 <sup>nd</sup> floor of the Empire Landmark Hotel)  |



**Annual Northwest Renal Dietitians Meeting  
Empire Landmark Hotel and Conference Centre  
Vancouver, British Columbia**

**Program**

**Friday March 3<sup>rd</sup>, 2006**

- |             |   |
|-------------|---|
| 0730 – 0800 | Registration and Breakfast  |
| 0800 – 0900 | <b>Interaction of Bone and Vascular Disease in CKD-V</b><br>Paolo Raggi, MD<br><i>Sponsored by Genzyme Canada</i>   |
| 0900 – 1000 | <b>Use of the Laboratory in Renal Patients</b><br>Dr. John Heathcote, MD, FRCPC   |
| 1000 – 1100 | Break and Poster Presentations  |
| 1100 – 1130 | <b>Exercise for CKD and Dialysis Patients: Patient Testimonials</b><br>Lisa Venables and Janet Q. Castillo  |
| 1130 – 1300 | Lunch and NWRD meeting  |
| 1300 – 1500 | <b>Sensations of Tasting and Smelling</b><br>Sarah Washburn, MS, RD and Barbara Fromm, MS, RD   |
| 1500 – 1515 | Break   |
| 1515 – 1615 | <b>How to Help Keep Kidney Patients Live Long and Live Well:<br/>Lessons from Life Options</b><br>Dori Schatell, MS<br><i>Sponsored by Renal Network Area #16</i> |
| 1615 – 1630 | Wrap up, Evaluations and Raffle   |

Northwest Renal Dietitians Meeting  
March 2 & 3, 2006

**SPEAKERS**

**Janet Q. Castillo**

Hemodialysis Patient, Cambie Dialysis Unit, Vancouver  
Walking Club Founder

**Barbara Fromm, MS, RD**

Administrative Director, Department of Hospitality, University of Washington

**John Heathcote, MD, FRCPC**

Director of Chemistry, BC Biomedical Laboratories  
Regional Biochemist, Fraser Health Authority

**Bruce Holub, Prof.**

University Professor Emeritus, Dept. of Human Health and Nutritional Sciences,  
University of Guelph, Ontario

**Joanna Q. Hudson, Pharm. D., BCPS**

Assistant Professor, Dept. of Medicine, Division of Nephrology,  
Associate Professor, Dept. of Pharmacy, University of Tennessee, Memphis

**Paolo Raggi, MD**

Professor of Medicine

Director of Non-Invasive and Preventative Cardiology, ~~Tulane University, New Orleans~~

*Emory, Atlanta*

**Martina Reslerova, MD, PhD**

Assistant Professor, Nephrology Section, University of Manitoba  
St. Boniface General Hospital, Winnipeg, Manitoba

**Zoey Ryan, B.Sc., PCC**

Professional Certified Coach and Health Educator,  
Positively Outrageous Women, Indigo Acorn Coaching, Vancouver

**Dori Schatell, MS**

Executive Director, Medical Education Institute, Inc., Wisconsin

**Suneet Singh, MD, FRCPC**

Director of Peritoneal Dialysis, Vancouver General Hospital

**Lisa Venables**

Home Hemodialysis Patient, Vancouver  
O2P Dragon Boat Team Captain

**Sarah Washburn, MS, RD**

Seattle Cancer Care Alliance, Outpatient Clinic  
Adjunct faculty, Bastyr University



Number	Title	Presenters	Summary
1	Quality Improvement Initiative in the Fraser Health Authority Dialysis program: Bone Mineral Management	Tamar Kafka, RD Jennifer Carnaté, RD  British Columbia	A bone mineral quality improvement initiative was carried out to identify how dialysis patients are being managed with regards to calcium, phosphorous, PTH control and binder dosage; how the management compares to KDOQI guidelines; and to identify areas for improvement.
2	Evaluating Diabetes Knowledge in Dialysis Units	Katy Wilkens, MS, RD Erin Cox, RD Lorene Martinson, RN Sarah Dore, RN Agnes Chow, RN Denise Cobb, RN Sally McCreight, RN Nicole Perreault, RN  Washington	A questionnaire was distributed to over 580 diabetic dialysis patients at a multi-center facility. Questions probed who manages patient's diabetes care, how often they receive ancillary care, and what is difficult about their diabetes management. Results will be useful to those planning their own dialysis unit diabetes management programs.
3	Celebrate Life: A Wellness Challenge	Gillian Kelly, RD Victoria Lakusta-Lamberton, MSW  British Columbia	A challenge to encourage patients to engage in activities to improve their mental, emotional, spiritual, social and physical health. Idea was adapted from a posting on the Renal RD listserv.
4	Promoting Physical Activity with a Community Fitness Grant	Fiona Wolf, RD Katy Wilkens, RD  Washington	Building Abilities, our Community Fitness Grant (CFG), provides funds for dialysis patients to gain membership in local YMCA exercise and fitness centers. This low-cost, community based program offers opportunities for exercise, fitness and wellness classes with the goal of improved quality of life.
5	Phosphorus of the Seas: A Patient Incentive Program Focusing on Making Education Fun!!	Darlene Broad, RD MJ Brinson, MSW  Ontario	This poster outlines steps involved in customizing and implementing a patient incentive program from the Handbook of Creative Approaches to Patient Compliance. Dialysis patients took part in a virtual cruise and accumulated nautical miles based on their phosphorus levels plus bonus miles based on IDWG.



Number	Title	Presenters	Summary
6	Cook right to feel right on hemodialysis: Cooking demonstrations can provide practical meal ideas to community hemodialysis patients	Winphia Koo, RD Paula Woo, RD Dr. Anthony Chiu Natasha Burnham  British Columbia	A cooking demonstration was designed to help patients put renal diet theories into practice. The class demonstrated to participants that the hemodialysis diet can still be interesting, delicious and easy to prepare with thoughtful meal planning and preparation.
7	The Renal Patient with Diabetes – Do Diabetic Meal Replacements Make a Difference?	Jill Shelley-Ummenhofer, RD Patricia Sheppard, RD Naomi Taylor, RD  British Columbia	An ongoing study that compares blood sugars, HbA1c and weight of renal diabetic patients taking either a diabetic or non-diabetic supplement.
8	What's Cooking at NKC?	Nikki Gepner, RD Erin Cox, RD  Washington	Our dialysis facility regularly offers low-cost cooking classes that are open to the community yet designed to meet the needs of people at all stages of kidney disease and their families. At the end of each class guests go home with recipes, cooking tips and having enjoyed a tasty low-sodium meal.
9	Food For Thought : Understanding Your Peritoneal Dialysis Lab Values	Laura Fairbairn, RD Doug Parsons, SW Heather Locking – Cusolito, RN NP  Ontario	A collaborative CQI project conducted by the dietitian and the social worker in the Peritoneal Dialysis program at LHSC. Questionnaires were conducted prior to and after revising blood work result sheets in order to evaluate the effect of changes.
10	Incorporating K/DOQI for Bone Disease into Practice: A Dietitian and Pharmacist Approach	Michael Chan, RD Bruce Lang, Pharm  Saskatchewan	To make management of calcium, phosphorus, Vitamin D and PTH less confusing for dietetic interns, an algorithm, incorporating the new K/DOQI guidelines for bone metabolism was developed. Dietetic interns and pharmacy students have tested this algorithm at the Regina Qu'Appelle Health Region. This algorithm can be of benefit to any health care provider working with clients with Stage 5 kidney failure.



**Registration Form:**

Name: \_\_\_\_\_

Work

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Home

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

**Registration Fee:** Check one

**Both days** \$100 US (\$125 CAD)

**Thursday only** \$65 US (\$80 CAD)

**Friday only** \$65 US (\$80 CAD)

**Thursday Evening Dinner Social at:**  
Mamounia Moroccan Restaurant

Cost is \$23 US per person (includes tax & gratuity). Prepayment is required.

I will attend and have added the cost of the meal to my registration.

I have other plans.

**Make checks payable to:** WSCRN

Registration deadline is **February 1, 2007**

**\$20 US (\$25 CAD)** late fee included for registrations postmarked after this date and information packets may not be available if paid at the door.

**Mail Registration to:**

Nutrition Services—attn Beth Shanaman  
Northwest Kidney Centers  
700 Broadway  
Seattle, WA 98122



# Northwest Renal Dietitians Annual Meeting

**March 1 & 2, 2007**

**Virginia Mason  
Medical Center  
1201 Terry Ave  
Seattle, WA**

Volney Richmond Jr. Auditorium  
Located on the first floor of the  
Lindeman Pavilion

Application for  
Continuing Education Credits  
has been submitted.

Beth Shanaman RD  
Northwest Kidney Centers  
700 Broadway  
Seattle, WA 98122

Thursday March 1, 2007	Friday March 2, 2007	Conference/Hotel
0700 - 0745 Registration/Breakfast	0730 - 8:30 Grand Rounds Dr. Cyrus Cryst— <b>Transplantation</b>	Virginia Mason Medical Center Seattle, WA
0745 - 0800 Welcome	830 - 900 <i>Poster Session</i>	Accommodations offered at the Inn at Virginia Mason 1006 Spring Street Seattle WA
0800 - 0900 Dr. David Patterson <b>Management of Gastroparesis</b>	0900 - 0930 Breakfast	(206) 583-6453 (800) 283-6453
0900 - 1000 Kathy Harvey M SRD <b>CKD diets Stage I-IV</b>	0930 - 11:30 Carolyn Cochran <b>Transplant Nutrition</b>	<a href="http://www.innatvirginiamason.com">www.innatvirginiamason.com</a>
1000 - 1015 Break	11:30-12:15 <i>NWRD Business Meeting</i>	Ask for "NWRD rate" when booking rooms. Group # 2287
1015 - 11:15 <b>KDQOI DM Guidelines</b>	1215 - 1315 Lunch	Room rates are subject to availability: Standard Twin \$ 95.00 + tax Queen \$109.00 + tax Double Queen \$120 + tax Parking Pass \$12.00
1115 - 1215 Cherry Johnson MSW <b>Working with Challenging Clients</b>	1315 - 1415 Chef Duane Sunwold <b>"I Love my Renal Diet" CKD cooking demonstration</b>	<b>Hotel rooms must be reserved by February 1<sup>st</sup> 2007.</b>
1215 - 1300 Lunch Steering Committee Meeting	1415 - 1515 Michaela Ahern MSRD <b>Gastric Bypass and Nutrition</b>	<b>Ask about Hotel Parking when making your reservation</b>
1300 - 1400 Dr. Suhail Amhad <b>Salt and Fluid Balance</b>	1515 - 1530 Wrap-Up / Evaluations	<b>**Parking for the conference in the Seneca Parking Garage</b>
1400 - 1415 Break	<b>**POSTER PRESENTATIONS**</b>	
1415 - 1515 Katy Wilkens Salt Talk	Please submit your poster ideas, and/or titles by January 31, 2007	
1545-1745 Sorrento Hotel Wine and Cheese Vendor		
<b>Evening Dinner Social at 1800 Mamounia Restaurant</b>		



# NWRD Agenda

## Thursday March 1<sup>st</sup> 2007

700-745 Registration/Breakfast	Volney Richmond Lobby
745-800 Welcome	Volney Richmond Auditorium
800-900 Management of Gastroparesis Dr. David Patterson	Volney Richmond Auditorium
900-1000 CKD Diets Stages I-IV Kathy Harvey MS RD CSR	Volney Richmond Auditorium
1000-1015 Break	
1015-1115 The New K/DOQI Guidelines Joni Pagenkemper MS MA RD LMNT	Volney Richmond Auditorium
1115-1215 Working with Challenging Clients Cherry Johnson MSW	Volney Richmond Auditorium
1215-1300 Lunch	Volney Richmond Auditorium
1300-1400 Sodium and Fluid Balance Dr. Suhail Ahmad	Volney Richmond Auditorium
1400-1415 Break	
1415-1515 Salt-A Dangerous White Powder Katy Wilkens MS RD	Volney Richmond Auditorium
1545-1745 Wine and Cheese Reception and Vendor Exhibits	Sorrento Hotel
1800 Group Dinner	Mamounia Restaurant

# NWRD Agenda

## Friday March 2<sup>nd</sup> 2007

700-730 Breakfast	Volney Richmond Lobby
730-830 Grand Rounds--Transplantation Dr. Cyrus Cryst	Volney Richmond Auditorium
830-930 Poster Session	Rooms C, D, G & F
930-1130 Transplant Nutrition Carolyn Cochran RD LD MS CDE	Volney Richmond Auditorium
1130-1215 NWRD Business Meeting	Volney Richmond Auditorium
1215-1315 Lunch	Rooms C, D, G & F
1315-1415 I Love My Renal Diet Chef Duane Sunwold	Volney Richmond Auditorium
1415-1515 Gastric Bypass and Nutrition Michaela Ahern MS RD	Volney Richmond Auditorium
1515-1530 Wrap Up and Evaluations	



## Faculty

Garrett Berdan, RD, Chef  
Nutrition Educator / Culinary Chef  
Portland, Oregon  
Graduate of Culinary Institute of America  
at Napa Valley, CA

Pam Charney, PhD, RD, CNSD  
Affiliate Assoc. Professor, Pharmacy  
University of Washington  
Seattle, Washington

Connie Davis, MD  
Professor of Medicine  
Division of Nephrology & Transplantation  
Medical Director, Kidney and Kidney-  
Pancreas Transplant Program  
University of Washington  
Seattle, Washington

Lori Fedje, RD, LD  
Area Manager, Northern Oregon Columbia  
Pacific Northwest Renal Services  
Fresenius Medical Care, North America

Kathy Shiro Harvey, MS, RD, CSR  
Puget Sound Kidney Centers  
Mountlake Terrace, Washington

Anne Hoisington, MS, RD  
Oregon State University Extension  
Family and Community Development  
Oregon Food Bank  
Portland, Oregon

Robert G. Martindale, MD, PhD  
Surgeon, Interim Chief,  
Division of General Surgery  
Medical Director for Hospital Nutrition  
Services – Oregon Health Sciences Univ.  
Portland, Oregon

Maureen McCarthy, MPH, RD, CSR, LD  
Transplant Dietitian  
Oregon Health Sciences University  
Portland, Oregon

## Faculty

Robin E.S. Miyamoto, Psy. D  
Clinical Psychologist  
Hawaii Medical Center, East  
Honolulu, Hawaii

Jessie Paviinac, MS, RD, CSR, LD  
Manager, Clinical Nutrition  
Food and Nutrition Services  
Oregon Health Sciences Univ.  
Portland, Oregon

Brian Schreiber, MD  
Dialysis Care, Department of Medicine  
Division of Nephrology,  
Medical College of Wisconsin  
Milwaukee, Wisconsin

Julie Tank, MD  
Northwest Medical Clinic  
Portland, Oregon



# Northwest Renal Dietitians Annual Meeting

March 6 and 7,  
2008

Double Tree Hotel  
and Executive  
Meeting Center –  
Lloyd Center

Portland, Oregon

Thursday, March 6, 2008

- 0700 - 0745 Registration/Exhibits/Breakfast
- 0745 - 0800 Welcome
- 0800 - 0900 Selecting Patients for  
Levodopa Therapy  
*Brian Schreiber, MD*
- 0900 - 0930 Break / Exhibits
- 0930 - 1030 Important Issues for Living  
Kidney Donors  
*Connie Davis, MD*
- 1030 - 1130 Methods for Determining  
Healthy Body Weights in CKD  
*Kathy Shiro Harvey,  
MS, RD, CSR*
- 1130 - 1300 Lunch / Exhibits/Steering  
Committee Meeting
- 1300 - 1400 Helping Your Patients Stretch  
Limited Food Resources  
*Anne Hoisington, MS, RD*
- 1400 - 1430 Break / Exhibits
- 1430 - 1530 Kidney Smart Kitchen: Your  
Patients Can Cook Smart at  
Home  
*Garrett Berdan, RD, Chef*
- 1530 - 1630 Bariatric Surgery: Iatrogenic  
Malnutrition  
*Robert G. Martindale, MD, PhD*

Evening Dinner Social at 6:00 pm.

Friday, March 7, 2008

- 0800 - 0830 Registration/Breakfast
- 0830 - 0845 Welcome
- 0845 - 0945 Adherence Issues in End Stage  
Renal Disease  
*Robin Miyamoto, Psy. D*
- 0945 - 1015 Break
- 1015 - 1145 Using ADA Standardized  
Language in Our Practices  
*Pam Charney, PhD, RD, CNSD  
Maureen McCarthy,  
RD, MPH, CSR, LD*
- 1145 - 1300 Lunch/Business Meeting
- 1300 - 1400 Managing the Diabetic Patient  
on Dialysis  
*Julie Tank, MD*
- 1400 - 1415 Break
- 1415 - 1530 The Renal RD and Conditions of  
Coverage: History, Evolution,  
and the Newest Revision  
*Jessie Pavlinac,  
MS, RD, CSR, LD  
Lori Fedje, RD, LD*

Conference Hotel

DoubleTree Hotel and Executive  
Meeting Center  
Lloyd Center  
Portland, Oregon

1000 NE Multnomah Street  
Portland, Oregon 97232

Reservations: 1-800-996-0510

Phone: 1-503-281-6111

Fax: 1-503-284-8553

Ask for "NW Renal Dietitians  
Association Room Block" when booking  
a room

[www.portlandlloydcenter.  
doubletree.com](http://www.portlandlloydcenter.doubletree.com)

Room rates per night:  
Standard \$109.00 U.S.  
Premium \$119.00 U.S.  
plus 12.5% room tax.  
Additional person \$15.00

Check-in 3:00 pm

**Rooms for conference attendees  
must be reserved by  
February 11, 2008**

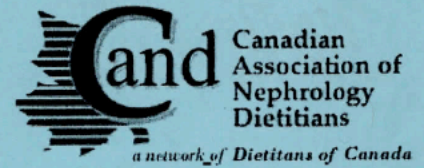
**Conference parking is  
complementary**



**Northwest Renal Dietitians &  
Canadian Association of Nephrology Dietitians  
Thursday March 5<sup>th</sup>, 2009**

- 700-745                      Registration / Breakfast / Exhibits  
*Breakfast Sponsored by Genzyme Canada and  
Genzyme USA*
- 745-800                      Welcome
- 800-900                      **Vitamin D Update**  
*Dr. Adeera Levin, MD, FRCPC*
- 900-1000                    **Early Initiation of Dietary Phosphate Therapy in CKD**  
*Dr. Mhairi K. Sigrist, BSc, RD, PhD*  
*Sponsored by Genzyme Canada and Genzyme USA*
- 1000-1030                   Break / Exhibits  
*Break Sponsored by Hain Celestial Canada*
- 1030-1130                   **The Draft International Bone and Mineral Metabolism  
Guidelines: the Emperors New Clothes?**  
*Dr. David Mendelsohn, MD, FRCPC*  
*Sponsored by Genzyme Canada and Genzyme US*
- 1130-1300                   Lunch / Exhibits / Steering Committee Meeting  
*Lunch Sponsored by Shire Canada Inc.*
- 1300-1400                   **Chronic Pain in the Patient with Renal Disease**  
*Dr. Pam Squire, MD, CCFP*  
*Sponsored by Shire Canada Inc.*
- 1400-1415                   Break / Exhibits  
*Break Sponsored by Medical Futures Inc./Colorado  
Biolabs Inc.*
- 1415-1630                   **Communication Magic: How to Captivate, Connect &  
Engage your Patients**  
*Ken Bellemare*  
*Sponsored by Canadian Association of Nephrology  
Dietitians*

**Networking Dinner at Milestones Grill + Bar at 6:30 pm**



**Northwest Renal Dietitians &  
Canadian Association of Nephrology Dietitians  
Friday March 6<sup>th</sup>, 2009**

- |           |  |
|-----------|--|
| 800-830   | Registration / Breakfast<br><i>Breakfast sponsored by Amgen Canada</i>   |
| 830-845   | Welcome  |
| 845-945   | <b>Metabolic Issues and Volume Management with<br/>Newer PD Solutions: Outcomes and New Initiatives</b><br>Dr. Paul Taylor MBBS, FRCPC |
| 945-1045  | Break / Poster Presentations<br><i>Break Sponsored Abbott Renal Care</i>   |
| 1045-1145 | <b>HIV and Renal Disease</b><br>Dr. R. Werb MB, ChB, FRCPC   |
| 1145-1315 | Lunch / Business Meetings / Poster Presentations<br><i>Lunch sponsored by in part by Nestle Healthcare<br/>Nutrition</i>               |
| 1315-1415 | <b>2009: Is it Time for an Assault on Salt?</b><br>Susan I. Barr PhD, RD, FDC<br><i>Sponsored by Abbott Nutrition</i>                  |
| 1415-1515 | <b>Entity of CKD Malnutrition</b><br>Eileen Moore CNSD, RD, LD<br><i>Sponsored by Pentec Health</i>                                    |
| 1515-1530 | Wrap up and Evaluations  |



Northwest  
RENAL DIETITIANS

Share your work with  
your colleagues!  
Space available for  
Poster Session  
on Friday.

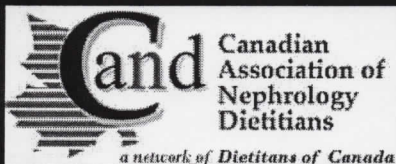
## VISITOR INFORMATION:

[www.tourismvancouver.com](http://www.tourismvancouver.com)

## CONFERENCE INFORMATION:

Yvonne McIntosh  
604-682-2344 local 62582  
ymcintosh@providencehealth.bc.ca

Michiyo Upton  
604-682-2344 local 62576  
mupton@providencehealth.bc.ca



## FACULTY 2009

**Dr. Adeera Levin MD FRCPC.** Professor of Medicine, University of British Columbia. Executive Director, BC Provincial Renal Agency. CKD/CVD Researcher. Clinician, St. Paul's Hospital, Vancouver, BC.

**Dr. Mhairi K Sigrist BSc, RD, PhD.** Renal Dietitian with PhD in Vascular Medicine and post-doctoral Researcher, University of British Columbia, Vancouver, BC.

**Dr. David Mendelssohn MD, FRCPC.** Chief/Physician Director, Department of Nephrology, Humber River Regional Hospital, Toronto, ON. Associate Professor of Medicine, University of Toronto, ON. Researcher and principle investigator with DOPPS.

**Dr. Pam Squire MD CCFP.** National and international consultant on pain management. Assistant Clinical Professor, University of British Columbia. Vancouver, BC.

**Ken Bellemare.** Dynamic, engaging, experienced presenter, trainer and coach with Communication Magic, Vancouver, BC.

**Dr. Paul Taylor MBBS, FRCPC.** Clinical Associate Professor, University of British Columbia, Director of Peritoneal Dialysis Program, Co-Director of CKD Clinic, St. Paul's Hospital, Vancouver, BC. Member of Canadian PD Guidelines Committee.

**Dr. R. Werb MB, ChB, FRCPC.** Renal Program Director -2006, St. Paul's Hospital. Clinician, St. Paul's Hospital and Renal consultant to HIV Centre for Excellence, Vancouver, BC.

**Susan I. Barr PhD, RD, FDC.** Professor and Graduate Advisor, Human Nutrition, Program, University of British Columbia, Vancouver, BC. Chair of the Standing Committee on Interpretation and Uses of DRI. Member of Health Canada's Sodium Working Group.

**Eileen Moore, CNSD, RD, LD.** Renal Program Clinical Manager; Pentec Health Inc. Renal Section Chair: American Society of Parenteral and Enteral Nutrition. Boothwyn, Pennsylvania.

## PARKING

[www.providencehealthcare.org/info\\_stpauls\\_parking.html](http://www.providencehealthcare.org/info_stpauls_parking.html)

## ACCOMMODATIONS

SANDMAN SUITES on Davie 47  
VANCOUVER

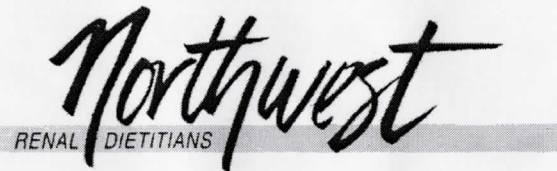
1160 Davie Street  
Vancouver, BC  
V6E 1N1

Tel: 604 681 7263  
Fax: 604 669 8284  
Toll-free: 1 800 SANDMAN  
[www.sandmanhotels.com](http://www.sandmanhotels.com)

Room rates: \$89-119 CDN/night



Ask for "Northwest Renal Dietitians & Canadian Assn of Nephrology Dietitians Conference" when booking a room. Rooms for conference attendees must be reserved by February 15, 2009.



NWRD Annual Meeting  
March 4<sup>th</sup> and 5<sup>th</sup> 2010

Mayflower Park Hotel  
Seattle Washington

405 Olive Way  
Seattle, WA 98101  
206.623.8700  
800.426.5100

[www.mayflowerpark.com](http://www.mayflowerpark.com)

Room rates per night:

- Classic Queen (Single or Double Occupancy) \$139
- Deluxe Queen (Single or Double Occupancy) \$159
- Deluxe Queen (Triple Occupancy) \$174
- Deluxe Queen (Quadruple Occupancy) \$189

Ask for "NW Renal Dietitians Room Block" when booking a room  
All room rates are subject to applicable tax, which is currently 15.6%  
per room, per night, and is subject to change without notice.

Group rate is honored three days before and three days after the  
room block dates, on a space availability basis.

**Rooms for conference attendees must be reserved  
by February 10, 2008**

Reservations after the cutoff date will be accepted at the  
prevailing hotel rate based on room availability.

**Valet parking is complimentary for both hotel guests  
and conference attendees, but on a space available  
basis, with overnight guests having priority.**

**Registration**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address \_\_\_\_\_

Work Phone: \_\_\_\_\_

**Registration Fee:** Check one

- Both days, \$125 U.S., \$60 for students
- Thursday only, \$75 U.S., \$30 for students
- Friday only, \$75 U.S., \$30 for students
- I prefer vegetarian meal choices or have diet needs

**Thursday Evening Dinner:** at Andaluca **\$36** prix fixe  
3 course Mediterranean meal  
(restaurant is in the hotel building)

I will attend and have added the cost of the meal

Mail Registration to: Beth Shanaman RD  
700 Broadway, Seattle, WA 98122

**After February 15<sup>th</sup> 2010, add a \$25.00 late fee**

For late registration, education materials may not be  
available

Refunds for cancellation cannot be guaranteed.

Questions??? Call Beth Shanaman at 206-720-3988



## Thursday March 4th

8:00-9:00 Check In, Continental Breakfast

9:00-9:15 Welcome

9:15-10:15 The New ADA Charting Regulations  
Debra Boutin, MS, RD

10:15-11:00 Morning Coffee Break  
& Vendor Time

11:00-12:00 Where does the Money go?  
Diane McRae, MSW

12:00-1:00 Networking Lunch  
(steering committee meets)

1:00-2:00 Herbal Supplements in CKD and  
ESRD  
Astrid Pujari, MD, MNIMH

2:00-3:30 Probiotics and its Unique Application  
for Kidney Health  
Natarajan Ranganathan, PhD  
*Sponsored by Kibow Biotech*

3:30-4:15 Afternoon Break (Cookies/Soda)  
and Vendor Time

4:15-5:15 Teaching Strategies for Patients with  
Diabetes  
Barbara Phippard, RD, CD, CDE

6:00 Networking Dinner at Andaluca

## Friday March 5th

8:00 Check In

8:15-8:30 Welcome

8:30-9:30 Nutrition After Transplantation  
Kirsten Thompson, MPH, RD, CD

9:30-10:30 Nutrition Management & Monitoring  
for Home Hemodialysis  
Karen Weisen, MS, RD, LD

10:30-10:45 Morning Coffee Break

10:45-11:45 Vit D for CKD, ESRD and Usual  
Health  
Alison Rigby, PhD, MPH, MS, RD  
*Sponsored by Abbott Renal Care*

11:45-12:45 Lunch

12:45-1:15 NWRD Meeting

1:15-2:15 Vitamin D and the affects on the  
dialysis patient, and the new KDIGO guidelines  
Luis Alvarez, MD, PhD  
*Sponsored by Genzyme*

2:45-3:45 Roundtable on Conditions of  
Coverage—How has this impacted our practice,  
charting and outcomes?  
Kathy Harvey, MS, RD, CSR, to moderate

# Thank you to our Sponsors

Shire

Abbott Renal Care

Abbott Nutritionals

Byram Healthcare

Genzyme

Hillestad Pharmaceuticals

Kibow Biotech

Links Medical

NutrePletion

Sanofi-Aventis

Satellite Labs

Spectra Labs



## Faculty

Janet Brodsky, LICSW

Trauma Therapist and owner  
Seattle Trauma Associates  
Seattle, Washington

Denise Cedar, RD, LD, CDE

Lead Dietitian - Salem Health  
Salem, Oregon

Lynda Coates

Poverty Consultant  
Coates Consulting  
Portland, Oregon

Joyce Jackson, MHA

President and CEO  
Northwest Kidney Centers  
Seattle, Washington

Janeen Leon, MS, RD, LD

Researcher and Program Evaluator  
MetroHealth Medical Center  
Cleveland, Ohio

Robert G. Martindale, MD, PhD

Professor and Chief, Division of Surgery  
Oregon Health & Sciences University  
Portland, Oregon

Larry Novick, DC

Chiropractor and owner of  
Downtown Chiropractic  
Portland, Oregon

Jose F. Rueda, MD

Nephrologist  
Associate Professor of Medicine  
Director, Outpatient Nephrology Services  
Oregon Health Sciences University  
Portland, Oregon

## Faculty

Lee L. Swanström, MD

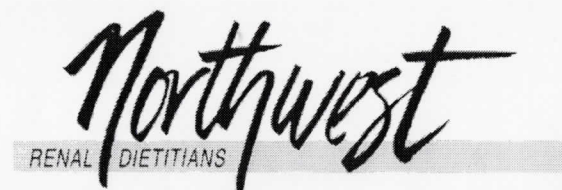
Clinical Professor of Surgery  
Oregon Health & Sciences University  
Director of Minimally Invasive Surgery  
Legacy Health System  
The Oregon Clinic  
Portland, Oregon

Christopher O. Thomas, MD

Nephrologist  
Kaiser Permanente Northwest  
Portland, Oregon

Gretchen Vannice, MS, RD

Nutrition Research Consultant  
Omega-3 RD Nutrition Consulting  
Portland, Oregon



# Northwest Renal Dietitians Annual Meeting

March 3 and 4,  
2011

Embassy Suites  
Hotel - Downtown

Portland, Oregon

Thursday, March 3, 2011

- 0730 - 0800 Registration/Breakfast/Exhibits
- 0800 - 0815 Welcome
- 0815 - 0915 MEDITATION  
What...Why...How  
*Larry Novick, DC*
- 0915 - 1000 Break / Exhibits
- 1000 - 1100 New Treatments for  
Gastroparesis  
*Lee L. Swanström, MD*
- 1100 - 1200 Bariatric Surgery and  
Hyperoxaluria  
*Jose F. Rueda, MD*
- 1200 - 1300 Lunch / Exhibits
- 1300 - 1400 Communication Tools for Serving  
Patients in Poverty  
*Lynda Coates,  
Poverty Consultant*
- 1400 - 1430 Break / Exhibits
- 1430 - 1530 Hypertension  
*Christopher O. Thomas, MD*
- 1530 - 1630 The New Medicare Bundle-  
Danger + Opportunity  
*Joyce Jackson, MHA*
- 1630 - 1730 Steering Committee Meeting

Friday, March 4, 2011

- 0745 - 0800 Registration/Breakfast
- 0800 - 0815 Welcome
- 0815 - 0915 Phosphorus Additives in the Food  
Supply  
*Janeen B. Leon, MS, RD, LD*
- 0915 - 1030 Celiac Disease, Gluten Intolerance  
and the Gluten-Free Diet  
*Denise Cedar, RD, LD, CDE*
- 1030 - 1100 Break
- 1100 - 1230 Beyond Hot Baths: How to Stay  
Afloat in the Field Long Term  
*Janet Brodsky, LICSW*
- 1230 - 1330 Lunch/Business Meeting
- 1330 - 1430 Navigating Omega-3s: Sources,  
Recommendations and Renal  
Health  
*Gretchen Vannice, MS, RD*
- 1430 - 1530 Probiotics: Panacea or Poison?  
*Robert G. Martindale, MD, PhD*

Conference Hotel

Embassy Suites Hotel  
Portland - Downtown

319 SW Pine Street  
Portland, Oregon 97204

Reservations: 1-800-643-7892  
Phone: 1-503-279-9000

Ask for "NW Renal Dietitians" room  
block when booking a room.  
Group Code is NRD

Room rates per night:  
Single \$129.00 U.S.  
Double \$129.00 U.S.  
Triple \$154.00 U.S.  
Quad \$179.00 U.S.  
plus 12.5% room tax.

Check-in 4:00 pm  
Check-out 12:00 noon

**Rooms for conference attendees  
must be reserved by  
February 6, 2011**

Parking is \$15.00 per night for all guests  
of the hotel. Local guests will receive a  
special "day" valet parking rate of \$8.00  
per day

**Evening Dinner Social at 6:00 pm.  
Mama Mia Trattoria**



**Northwest Renal Dietitians Meeting**  
**Thursday**  
**March 3, 2011**

- 0730 – 0800      **Registration / Exhibits/ Breakfast**
- 0800 – 0815      **Welcome**
- 0815 – 0915      **MEDITATION: What...Why...How**  
*Larry Novick, DC*
- 0915 – 1000      **Break / Exhibits**
- 1000 – 1100      **New Treatments for Gastroparesis**  
*Lee L. Swanström, MD*
- 1100 – 1200      **Bariatric Surgery and Hyperoxaluria**  
*Jose F. Rueda, MD*
- 1200 – 1300      **Lunch / Exhibits**
- 1300 – 1400      **Communication Tools for Serving Patients in Poverty**  
*Lynda Coates,*  
*Poverty Consultant*
- 1400 – 1430      **Break / Exhibits**
- 1430 – 1530      **Hypertension**  
*Christopher O. Thomas, MD*
- 1530 – 1630      **The New Medicare Bundle: Danger + Opportunity**  
*Joyce Jackson, MHA*
- 1630 – 1730      **Steering Committee Meeting**

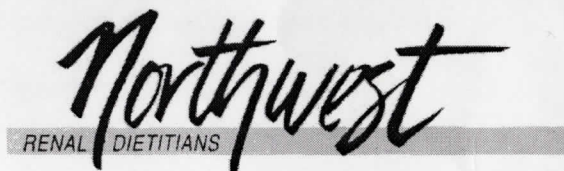
**Evening Networking Dinner at 6:00 PM**  
**Mama Mia Trattoria**

**Northwest Renal Dietitians Meeting**

**Friday  
March 4, 2011**

- 0745 – 0800      **Registration/Breakfast**
- 0800 – 0815      **Welcome**
- 0815 – 0915      **Phosphorus Additives in the Food Supply**  
*Janeen B. Leon, MS, RD, LD*
- 0915 – 1030      **Celiac Disease, Gluten Intolerance and the Gluten Free Diet**  
*Denise Cedar, RD, LD, CDE*
- 1030 – 1100      **Break**
- 1100 – 1230      **Beyond Hot Baths: How to Stay Afloat in the Field Long Term**  
*Janet Brodsky, LICSW*
- 1230 – 1330      **Lunch / General Business Meeting**
- 1330 – 1430      **Navigating Omega – 3s: Sources, Recommendations and Renal Health**  
*Gretchen Vannice, MS, RD*
- 1430 – 1530      **Probiotics: Panacea or Poison?**  
*Robert Martindale, MD, PhD*





**Registration**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Work Phone: \_\_\_\_\_

**NWRD Annual Meeting**

**March 1st and 2nd 2012**

**The Landing at 50 North**

**5001 25th Ave. NE**

**Seattle, WA 98105**

**Free garage parking**

**Hotel Bookings at:**

**Silver Cloud Inn at University Village**

**10 rooms reserved for the rate of \$129 for a King Room**

**5 rooms saved at the rate of \$149 for King mini-suite**

**Silver Cloud does have complimentary breakfast with the room**

**Travelodge University Village**

**10 double queen rooms for the rate of \$83.30 plus tax.**

**Ask for "NW Renal Dietitian Block" when booking a room**

**Group rate is honored three days before and three days after the room block dates, on a space availability basis.**

**Rooms for conference attendees must be reserved by January 29<sup>th</sup> 2012**

**Reservations after the cutoff date or when the held rooms are booked will be accepted at the prevailing hotel rate based on room availability.**

**Registration Fee:** Check one

\_\_\_\_\_ Both days, \$175 U.S (\$177.50 Canadian)

\_\_\_\_\_ Thursday only, \$100 U.S (\$101.50 Canadian)

\_\_\_\_\_ Friday only, \$100 U.S., (\$101.50 Canadian)

\_\_\_\_\_ Student \$ 60 for both days

\_\_\_\_\_ I prefer vegetarian meal choices

\_\_\_\_\_ I need the gluten free option

**Thursday Evening Dinner:** at 50 North Restaurant

**3 Course Meal for \$40.00**

\_\_\_\_\_ I will attend and have added the cost of the meal

**Mail Registration to:** Beth Shanaman RD

**700 Broadway, Seattle, WA 98122**

**After February 15<sup>th</sup> 2010, add a \$25.00 late fee**

**We will be paperless this year. Upon receipt of payment at 1 week before the conference we will email out all of the slideshow presentations.**

**We will not have handouts for late registration or for those who did not bring print outs of the slides**

**Questions??? Call Beth Shanaman at 206-720-3988  
Or NOTE NEW EMAIL [beth.shanaman@nwkidney.org](mailto:beth.shanaman@nwkidney.org)**

## Thursday March 1<sup>st</sup>

7:25-8:00 Check In & Continental Breakfast

8:00-8:05 Welcome

8:05-9:05 **Kidney Patient Self-Management:  
How Treatment Modalities Fit In**

Dori Shatell, MS

9:05-10:05 **Peritoneal Membrane Physiology**

Steven Guest, MD

*Sponsored by Baxter*

10:05-10:50 Networking and Vendors

10:50-11:50 **Chronic Kidney Disease: Using Evidence to  
Guide Best Practice**

Laura Byham Gray, Ph.D, RD

11:50-12:50 **Improving Patient Care in CKD: Development  
of Patient and Provider Friendly Nutrition Education  
Materials**

Theresa Kuracina, MS, RD, CDE, LN

12:50-2:00 Networking Lunch  
(steering committee meets)

2:00-3:00 **CKD, PD and Home-Hemo Nutrition Therapies:  
Open panel discussion on using the evidence**

Lacey Stroomer, RD, CD - Kathy Harvey, MS, RD, CSR -  
Katy Wilkens, MS, RD

3:00-3:30 Afternoon Break & Vendor Time

3:30-4:30 **Past, Present and Future of Dialysis:  
The Seattle Perspective**

Suhail Ahmad, MD and Maria Koh, MS, RD, FADA

4:30-5:30 **Dialysis: Research...our future**

Jonathan Himmelfarb, MD

6:00 Networking Dinner at 50 North

## Friday March 2nd

7:45-8:00 Registration and Breakfast

8:00-8:05 Welcome

8:05-9:05 **Bariatric Surgery and Renal:  
How Do We Combine the Diets?**

Michelle Hobbs, RD, CD

9:05-10:05 **Ileostomy and Nutrition**

Renee Anderson, MSN, RN, CWON

*Sponsored by Byram*

10:05-10:20 Morning Coffee Break

10:20-11:00 **Ileostomy, TPN, and Dialysis: A Case Study  
in Electrolyte Challenge**

Lorene Jansson, RD, CD, CNSC

11:00-12:00 **HIV, Kidneys, Tape Measures, and Food:  
Updates for HIV nutrition care**

Ben Atkinson, MS, RD, CD

12:00-1:45 Lunch and Business Meeting

1:45-2:45 **Us and Them: Fostering Adherence with  
Challenging Patients**

Cherry Johnson, MSW

2:45-3:45 **Medical Ethics; A Case Oriented Approach**

Michael Kelly, MD

3:45-4:00 Closing and Evaluations

This program should provide 12.5 CE hours  
and 1.25 hours of vendor time.  
CE credits have been applied for from the ADA





# 2013 Northwest Renal Dietitians & Canadian Association of Nephrology Dietitians Annual Conference, Richmond, BC

## LOCATION:

# thehotel

## AT RIVER ROCK

8811 River Road, Richmond, BC  
V6X 3P8 (604)247-8900

**Registration deadline is February 15, 2013.**

## REGISTRATION:

Canadian and US dollars at par

**Both days: \$175 CDN**  
**Interns: \$100CDN**

**One day: \$125 CDN**

There is a \$25 fee for late registration (after Feb 15, 2013 post mark).

W-9 tax ID number 91  
1276326.

NWRD Stipend deadline is  
January 15, 2013.

Platinum Sponsor



Silver Sponsor



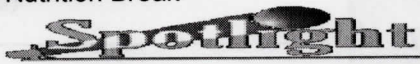
Bronze Sponsors



## THURSDAY MARCH 7, 2013

7:30-8:25	Breakfast and Check In
8:25-8:30	Welcome
8:30-9:30	Calciophylaxis in Five Easy Pieces – John Duncan, MD
9:30-10:30	Understanding Diabetes Mellitus in Kidney Disease – B. Anne Priestman, MD, FRCPC
10:30-11:15	Nutrition Break and Vendors
11:15-12:15	Hiding in Plain Sight: How do you identify addiction and what do you do with the information? – Patrick Zierten, EMBA, MA
12:15-1:45	Lunch and Vendors <ul style="list-style-type: none"> <li>• <b>CAND AGM</b> and lunch Capilano / Birkenhead Room</li> <li>• <b>NWRD Planning Committee</b> Similkameen Room</li> </ul>
1:45-2:30	Pulling Together: Creating Stronger Connections with First Nations Clients and Their Families – Cindy Hlus, RD, CDE, MEd
2:30-2:45	Nutrition Break
2:45-4:15	Cultural Competence in Health Care: Understanding Cross Cultural Differences – David B. Hunt, J.D.

## FRIDAY MARCH 8, 2013

7:30-8:25	Breakfast and Check In
8:25-8:30	Welcome
8:30-9:30	Why Weight? Obesity Management in the Real World – Ali Zentner MD, FRCP
9:30-10:30	Sodium and Fluid Balance – Dr Zalunardo, MD, SM FRCP (C)
10:30-10:45	Nutrition Break
	 on Renal Dietitians
10:45-11:15	Carbohydrate Counting with Renal Diets – Aveleigh Hess RD, CDE
11:15-11:45	Don't Blame the Banana: Pearls of Wisdom Acquired While Developing a Renal Cookbook – Gillian Kelly, RD
11:45-1:00	Lunch and <b>NWRD Business Meeting</b>
1:00-1:30	Ethnic Diets for Renal Patients – Jane Chu, RD
1:30-2:00	Renal Cooking Classes – Giving Our Patients the Tools to Succeed – Nikki Gepner, RD
2:00-3:30	Humor, Wellness and Stress – Carol Boothroyd, Master Speaker and Trainer
3:30-3:45	Closing/Evaluation

Application for Continuing Education Credits has been submitted to CDR.



Share your work with  
your colleagues!  
Space available for  
Poster Session  
on Friday.

**VISITOR  
INFORMATION:**

Shopping and site seeing are easily accessible by sky train [www.translink.ca](http://www.translink.ca). The Hotel at River Rock is a destination resort so you may want to stay put, enjoy the facilities and soak up the atmosphere! The Hotel at River Rock is conveniently located on Number 3 Road and River Road with easy access from the airport or downtown Vancouver via Skytrain and the border by car.

[www.tourismvancouver.com](http://www.tourismvancouver.com)

**CONFERENCE  
INFORMATION:**

Eileen Carolan RD  
250 739 5873  
Nanaimo Community Dialysis  
[eileen.carolan@viha.ca](mailto:eileen.carolan@viha.ca)

Julia Steel RD  
250 739 5818  
Nanaimo Kidney Care  
[julia.steel@viha.ca](mailto:julia.steel@viha.ca)

**ACCOMMODATIONS**

The conference will be held at "The Hotel at River Rock" in Richmond (Vancouver) British Columbia. [www.riverrock.com/hotels/the\\_hotel/](http://www.riverrock.com/hotels/the_hotel/)

thehotel  
AT RIVER ROCK



8811 River Road, Richmond, BC. V6X 3P8  
(604) 247-8900

**Ask for "Northwest Renal Dietitians" conference rate when booking a room.** Forty rooms (2 Queen beds or 1 King bed) will be held at The Hotel at River Rock for the rate of \$119 per night plus taxes. Please request the block of rooms for NWRD in order to get this special rate. The special prices cover three days before and three days after the conference. **Please book early as 50% of the rooms blocked at this special rate may be released on February 3, 2013.**

By Canada Line sky train at Bridgeport Station, the River Rock Hotel is a quick 7 minutes from the airport (\$8.75 - purchase ticket at machine on sky train platform), or 18 minutes from the downtown Vancouver waterfront. By car, the River Rock Hotel is a 10 minute drive from Vancouver International Airport and a 20 minute drive from downtown Vancouver or the US border crossing. Need directions?  
<http://www.riverrock.com/directions/default.aspx>

**PARKING**

Parking is free in the casino parkade.





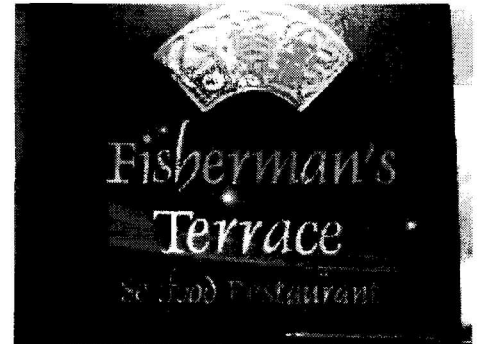
## Thursday Evening Networking Dinner

6:30 PM Thursday March 7, 2013

(meet in hotel lobby at 6PM to travel on Sky train)

**Fisherman's Terrace Seafood Restaurant**

**4151 Hazelbridge Way, Richmond BC**



### NOTES:

- 1) The cost of this meal has been reduced to \$37.50 through a grant from Canadian Association of Nephrology Dietitians.
- 2) The restaurant is not able to accommodate food allergies.

### Fisherman's Terrace - Regular Menu

- 1) Shrimp Salad
- 2) Peking Duck with Crepes
- 3) Lettuce Wrap
- 4) Seafood Soup
- 5) Stir Fried Gai Lan (green vegetable) with Shrimp
- 6) Crispy Chicken
- 7) Peppery Cod Fillet
- 8) Seafood Fried Rice
- 9) Mango Pudding

### Fisherman's Terrace - Vegetarian Menu:

- 1) Vegetarian Goose Platter
- 2) Vegetarian Seafood with Fresh Fruits and Pine Nuts (lettuce wrap)
- 3) Soup - (tofu, corn and carrots)
- 4) Fresh Lily Bulb with Abalone Mushrooms
- 5) Spicy Deep Fried Tofu
- 6) Two Kinds of Vegetables with Vegetarian Oyster Sauce
- 7) Sweet and Sour Tofu Balls
- 8) Breaded and fried mashed Taro Root
- 9) Fried Rice with Preserved Vegetables
- 10) Mango Pudding



## NWRD/CAND CONFERENCE REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email (required): \_\_\_\_\_

**This is a paperless conference.**

- Speaker notes will be e-mailed to paid registrants the week before the conference. Printed speaker notes must be ordered in advance (see below) for pick-up when you register.
- Registration receipts will be e-mailed to registrants.

**Registration Fee: (Canadian and US Dollars at par)**

- Both days, \$175 (late fee after February 15 is \$25.00)
- Both days – Intern, \$100 (late fee after February 15 is \$25.00)
- Thurs only, \$125 (late fee after February 15 is \$25.00)
- Fri only, \$125 (late fee after February 15 is \$25.00)
- Hard copy of speaker notes, \$10.00
- I prefer vegetarian choices for conference meals.
- I am allergic to (please specify food) \_\_\_\_\_
- I will attend the networking dinner at Fisherman's Terrace Seafood Restaurant and include \$37.50 with my registration. Please circle: Regular or Vegetarian

Total Payment: \$ \_\_\_\_\_

- I will be bringing a Poster Presentation** (research, program description or nutrition teaching aide) \_\_\_\_\_

**PLEASE NOTE: those receiving a stipend must register and pay registration fee.** Approved stipend payments will be distributed at the conference.

**Make cheques payable to: "BCDNA Renal Practice Group"**

Mail Registration to: Eileen Carolan, 6245 Scollos Place Nanaimo BC V9V 1K9



## 2014 Northwest Renal Dietitians Meeting

THURSDAY MARCH 6

0715 – 0745	Registration/Exhibits/Breakfast
0745 – 0800	Welcome
0800 – 0900	<b>Developmental Origins of Health and Disease</b> <i>Susan B. Bagby, MD, FACP</i>
0900 – 1000	<b>Effective Approaches for Dealing With Challenging Patient Behaviors</b> <i>Shari K. Neul, PhD</i>
1000 – 1100	Break/Exhibits
1100 – 1200	<b>Overview of Probiotics: Useful in Kidney Disease?</b> <i>Karen Madsen, PhD</i>
1200 – 1330	Lunch/Exhibits NWRD Steering Committee Meeting
1330 – 1430	<b>Sodium Modeling</b> <i>Michael Walczyk, MD</i>
1430 – 1500	Break/Exhibits
1500 – 1600	<b>Medical Ethics and Nephrology Nutrition</b> <i>Maureen McCarthy, MPH, RD, CSR, LD</i>
1600 – 1700	<b>Change Is In The Air: Allocation of Kidneys for Transplant</b> <i>Tammy Sebers, BSN, RN, CNN</i>
1900	Evening Dinner Social at Oregon Culinary Institute

*\*Dinner social at the Oregon Culinary Institute includes a 4 course meal with a non-alcoholic beverage and gratuity. There will be a no-host bar. Vegetarian and gluten free options will be available. Maps to the location and travel as a group on the MAX line will be coordinated during the meeting.*

FRIDAY MARCH 7

0730 – 0800	Registration/Breakfast
0800 – 0930	<b>Interdisciplinary Professional Communication – How To Influence Change</b> <i>Judith Beto, PhD, RD, FAND</i>
0930 – 1030	<b>Moving Renal Dietitians Into Advanced Practice</b> <i>Rebecca Brody, PhD, RD, LD, CNSC</i>
1030 – 1100	Break
1100 – 1200	<b>Herbal Remedies – Safety and Efficacy in CKD</b> <i>Kelly Morrow, MS, RD</i>
1200 – 1330	Lunch NWRD General Business Meeting
1330 – 1430	<b>Vascular Access: Always a Challenge</b> <i>Earl Shuman, MD</i>
1430 – 1530	<b>Recognizing Dysphagia in Chair-Side Exams</b> <i>Rebecca Brody, PhD, RD, LD, CNSC</i>
1530 – 1600	Wrap Up/Evaluations/Raffle

**Northwest**  
RENAL DIETITIANS

March 6<sup>th</sup> and 7<sup>th</sup>, 2014

### Double Tree by Hilton At Lloyd Center

1000 NE Multnomah Street  
Portland, Oregon  
1-866-460-7456

[DoubleTree.Hilton.com/Portland](http://DoubleTree.Hilton.com/Portland)

**Hotel Registration deadline to  
obtain block room rate is  
February 2, 2014.**

Standard Room (single/double) \$140/night  
Premium Room (single/double) \$150/night  
Taxes and fees not included

Mention NWRD room block when booking  
a room. Cancellations must be received  
72hrs prior to day of arrival.

Parking is complimentary.

**Conference Registration deadline  
is February 15, 2014**

There is a \$25 fee for late registration  
postmarked after February 15, 2014.  
Refunds for cancellation cannot be  
guaranteed.

W-9 tax ID number is 260608099

Continuing Education Contact Hours:  
Thursday = 7 hours  
Friday = 5.5 hours  
Total for conference = 12.5 hours

Questions??? Contact:

Stephanie Elton  
[stephanie.elton@davita.com](mailto:stephanie.elton@davita.com)

Susie Beckett  
[susan.beckett@davita.com](mailto:susan.beckett@davita.com)





### Conference Faculty

Susan Bagby, MD, FACP  
Professor of Medicine & Physiology/Pharmacology  
Oregon Health Sciences University  
Portland, Oregon

Judith Beto, PhD, RD, FAND  
Clinical Research Associate  
Loyola University Medical Center  
Maywood, Illinois

Rebecca Brody, PhD, RD, LD, CNSC  
Assistant Professor, Department of Nutritional  
Sciences, School of Health Related Professions,  
Rutgers, The State University of New Jersey  
West Linn, Oregon

Karen Madsen, PhD  
Professor of Medicine, University of Alberta  
Co-director, Center of Excellence for  
Gastrointestinal Inflammation and Immunity  
Research  
Edmonton, Alberta, Canada

Kelly Morrow, MS, RD  
Associate Professor, Nutrition Clinic Coordinator  
Bastyr University  
Kenmore, Washington

Maureen McCarthy, MPH, RD, CSR, LD  
Assistant Professor, Transplant Dietitian  
Oregon Health Sciences University  
Portland, Oregon

Shari Neul, PhD  
Renal Psychologist  
Assistant Professor Renal Section  
Texas Childrens Hospital - Baylor  
Houston, Texas

Tammy Severs, BSN, RN, CNN  
Clinical Nurse Manager  
Oregon Health Sciences University  
Portland, Oregon

Earl Shuman, MD  
Surgeon, Kaiser Permanente  
Portland, Oregon

Michael Walczyk, MD  
Nephrologist, Northwest Renal Clinic  
Portland, Oregon

## 2014 NWRD REGISTRATION FORM

Name: \_\_\_\_\_ Kathy Schiro Harvey \_\_\_\_\_

Address: \_\_\_\_\_ 21309 44<sup>th</sup> Ave W. \_\_\_\_\_

\_\_\_\_\_ Mountlake Terrace Wa 98043 \_\_\_\_\_

Phone: \_\_\_\_\_ 425-744-1095 ex 141 or 425-275-1147 \_\_\_\_\_

Email (required): \_\_\_\_\_ kathyh.rd@pskc.net \_\_\_\_\_

### Registration Fees:

- Both days, \$175 (US dollars) \$191 (Canadian)
- Both days – Intern, \$75 (US dollars) \$82 (Canadian)
- Thursday only, \$125 (US dollars) \$137 (Canadian)
- Thursday only – Intern, \$50 (US dollars) \$55 (Canadian)
- Friday only, \$125 (US dollars) \$137 (Canadian)
- Friday only – Intern, \$50 (US dollars) \$55 (Canadian)
- I prefer vegetarian choices for conference meals.
- I will attend the networking dinner at Oregon Culinary Institute. I have included additional \$22.00 (US dollars) \$24 (Canadian) with my registration.

TOTAL PAYMENT : \$ 197.00

PLEASE NOTE: Those receiving a stipend must register and pay registration fee. Approved stipend payments will be distributed at the conference.

### This is a paperless conference.

Speaker notes will be available to download from the following website: <https://www.sites.google.com/site/nwrdonline>  
This is a google specific site and may not be accessible from other search engines. Check this site regularly prior to the meeting as handouts may be added daily as we receive them.

**Make checks payable to: Renal Nutrition Network**

**Mail registration to: Leslie Dilley  
1489 NE Stile Dr.  
Hillsboro, OR 97124**

**Registration receipts will be emailed**

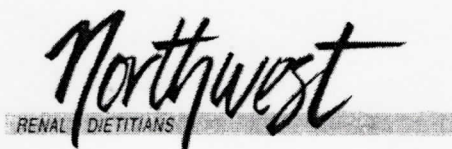
**Registration Questions???**  
**Email: [Leslie.Dilley@fmc-na.com](mailto:Leslie.Dilley@fmc-na.com)**



**Meeting Agenda for Thursday March 6, 2014**

- 7:15-7:45 am **Registration, Breakfast & Exhibits**
- 7:45-8:00 am **Welcome**
- 8:00-9:00 am **Developmental Origins of Chronic Kidney Disease**  
**Susan B. Bagby, MD, FACP**
- 9:00-10:00 am **Effective Approaches for Dealing With Challenging Patient Behaviors**  
**Shari K. Neul, PhD**
- 10:00-11:00 am **Break and Exhibits**
- 11:00-12:00 pm **Overview of Probiotics: Useful in Kidney Disease?**  
**Karen Madsen, PhD**
- 12:00-1:30 pm **Lunch and Exhibits**  
NWRD Steering Committee Meeting
- 1:30-2:30 pm **Sodium Modeling**  
**Michael Walczyk, MD**
- 2:30-3:00 pm **Break & Exhibits**
- 3:00-4:00 pm **Medical Ethics and Nutrition at the End of Life**  
**Maureen McCarthy, MPH, RD, CSR, LD**
- 4:00-5:00 pm **Change Is In The Air: Allocation of Kidneys for Transplant**  
**Tammy Sebers, BSN, RN, CNN**
- 6:15 pm **Meet in Lobby for Networking Dinner**
- 7:00 pm **Networking Dinner at the Oregon Culinary Institute**

(Directions and Tri-Met Rail map are in the meeting folder)



### Meeting Agenda for Friday March 7, 2014

- |                |   |
|----------------|---|
| 7:30-8:00 am   | <b>Registration &amp; Breakfast</b>   |
| 8:00-9:30 am   | <b>Interdisciplinary Professional Communication – How to Influence Real and Sustainable Change</b><br><b>Judith Beto, PhD, RD, FAND</b> |
| 9:30-10:30 am  | <b>Moving Renal RD's Into Advanced Practice</b><br><b>Rebecca Brody, PhD, RD, LD, CNSC</b>  |
| 10:30-11:00 am | <b>Break</b>  |
| 11:00-12:00 pm | <b>Herbal Remedies – Safety and Efficacy in CKD</b><br><b>Kelly Morrow, MS, RD</b>  |
| 12:00-1:30 pm  | <b>Lunch and NWRD General Business Meeting</b>  |
| 1:30-2:30 pm   | <b>Vascular Access: Always a Challenge</b><br><b>Earl Schuman, MD</b>   |
| 2:30-3:30 pm   | <b>Recognizing Dysphagia in Chair-Side Exams</b><br><b>Rebecca Brody, PhD, RD, LD, CNSC</b>   |
| 3:30-4:00 pm   | <b>Wrap Up &amp; Evaluations</b>  |



**NWRD Annual Conference**  
**Seattle, WA**  
**March 5 + 6, 2015**

**Talaris Conference Center**

4000 NE 41st Street  
Seattle, WA 98105  
Free parking available

**Registration**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Work Phone: \_\_\_\_\_

**Registration Fee: Check one**

- Both days, \$225 U.S. (\$269 Canadian)  
 Thursday only, \$160 U.S. (\$192 Canadian)  
 Friday only, \$160 U.S. (\$192 Canadian)  
 Student, \$60 for both days  
 Networking Dinner, additional \$30  
 I prefer vegetarian meal choices  
 I need the gluten free option

Mail Registration to: Renin Oliver, RD  
700 Broadway, Seattle, WA 98122  
or via email [nwrdonline@gmail.com](mailto:nwrdonline@gmail.com)

**Networking Dinner: [Mamma Melina Ristorante + Pizzeria](#)**

Please contact Renin Oliver at 206-720-3989, or  
[nwrdonline@gmail.com](mailto:nwrdonline@gmail.com) with any questions

## 2015 NWRD Conference Agenda

### **Thursday March 5<sup>th</sup>**

7:30-8:00	Check In & Continental Breakfast
8:00-8:15	Welcome
8:15-9:15	Tena Gizinski – Promoting Self-Determination
9:15-10:15	Raimund Pichler, MD Liver and Renal Considerations
10:15-10:45	Networking Break
10:45-11:45	Eric Yarnell, ND, RH (AHG) CKD and Supplements
11:45-12:45	Andy Brockenbrough, MD, MS Hyper-parathyroidism
12:45-2:00	Networking Lunch (steering committee meets)
2:00-5:00	Doris Derelian, Ph.D., JD, RDN, FADA/FAND Creating Learning: The Process of Changing Behaviors
6:00	Networking Dinner ( <i>Optional</i> )

### **Friday March 6<sup>th</sup>**

7:45-8:00	Registration and Breakfast
8:00-8:05	Welcome
8:05-9:05	Matt Rivara, MD Toward a Wearable Artificial Kidney, Challenges and Progress
9:05-10:05	Pamila Keech, MD – Peritoneal Dialysis
10:05-10:30	Morning Coffee Break
10:30-11:30	Kory Deangelo, MS, RDN, CD - Mindful Eating
11:30-1:00	Lunch and Business Meeting
1:00-2:00	Martha Peppones, MS, RDN, CSG, CD Hunger and Food Insecurity Older Adults - Is Help Available?
2:00-3:30	Rich Wilkens, LC –The Generation Gap
3:30-3:45	Closing & Evaluations